



The Hilltop in The Valley

Sha Tin Clubhouse
沙田會所

Beas River Country Club
雙魚河鄉村會所

Stay Active 顯活力

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
<p>Junior Tennis Programme - Red Ball - For Beginners (Class A) 小童網球訓練班 - 紅波(初階)(A班)</p> <p>Ace your child's tennis skills! Toddlers and young children learn hand-eye coordination, movement, and stroke production through game-based learning, with mini nets and soft balls in a fun environment. 成為小網球員！以遊戲為本的教學方法，配合小型球網及軟球，在有趣的學習氣氛下培養幼兒及兒童的手眼協調、移動靈活性及擊球技巧。</p>							
HVRB1-A	03/07 - 07/07 Mon to Fri 星期一至五	9:00am - 10:00am	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	24	4 - 8	English 英語
<p>Junior Tennis Programme - Red Ball - Dev/Pro (Class A) 小童網球訓練班 - 紅波(進階)(A班)</p> <p>Elevate your skills at our advanced junior camp! Designed to build on existing skills and concepts, as we focus on refining your rallying abilities. Join us and take your game to the next level! 網球技巧大躍進！適合具基本網球基礎的小球員，進一步學習手眼協調動作及揮拍擊球技巧，集中學習對打的訓練。</p>							
HVRB1-B	03/07 - 07/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	4 - 8	English 英語
<p>Junior Tennis Programme - Orange Ball (Class A) 小童網球訓練班 - 橙波(A班)</p> <p>All levels welcome at our Orange Ball Ball junior camp! Improve skills and have fun with expert coaches. Boost athleticism and teamwork with exciting games. Don't miss out on this amazing opportunity! 在專業教練的帶領下，小學員將透過有趣且刺激的遊戲，練習網球技術、協調性和機動性，提高運動能力與團隊合作精神。</p>							
HVOB1-A	03/07 - 07/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	8 - 10	English 英語
<p>Junior Tennis Programme - Green Ball - For Beginners (Class A) 小童網球訓練班 - 綠波(初階)(A班)</p> <p>Elevate your game with Green Ball Club's junior camp! Build tennis skills, coordination, mobility, and match play with expert coaches, plus enjoy fun games to enhance athleticism. Make friends and have a blast! 提升網球比賽水平！在專業教練的培訓下，學習網球技巧、協調性及移動的靈活性，並會進行對賽。此外，課程以趣味遊戲增強學員的運動能力，亦讓學員能結交新朋友，盡情玩樂！</p>							
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Junior Tennis Programme - Green Ball - Dev/Pro (Class A) 小童網球訓練班 - 綠波(進階)(A班)							
Step up your tennis game with Green Ball Pro's junior camp! Get expert guidance to improve stroke consistency, spin, serve, return, transition plays, and match play skills. Don't miss out on the fun! 進一步提升網球比賽水平！在專業教練的指導下，提高擊球的一致性、旋轉、發球、接球、轉換比賽及競賽技巧，不容錯過！							
HVGB1-B	03/07 - 07/07 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	9 - 10	English 英語
Junior Tennis Programme - Yellow Ball - Dev (Class A) 小童網球訓練班 - 黃波(進階)(A班)							
Join our Yellow Ball Club Development camp where juniors receive expert guidance on key areas such as serve and return, individual strengths/weaknesses, and court strategies. Unlock your full potential! 在專家的指導下進行高強度訓練，透過密集式特訓、特定的體能鍛鍊及每日的學員對賽，集中學習接發球、個人優劣勢及球場策略等戰術上的關鍵領域，釋放小朋友的無限潛能！							
HVYB1-A	03/07 - 07/07 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	10+	English 英語
Junior Tennis Programme - Red Ball - For Beginners (Class B) 小童網球訓練班 - 紅波(初階)(B班)							
Ace your child's tennis skills! Toddlers and young children learn hand-eye coordination, movement, and stroke production through game-based learning, with mini nets and soft balls in a fun environment. 成為小網球員！以遊戲為本的教學方法，配合小型球網及軟球，在有趣的學習氣氛下培養幼兒及兒童的手眼協調、移動靈活性及擊球技巧。							
HVRB2-A	10/07 - 14/07 Mon to Fri 星期一至五	9:00am - 10:00am	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	24	4 - 8	English 英語
Junior Tennis Programme - Red Ball - Dev/Pro (Class B) 小童網球訓練班 - 紅波(進階)(B班)							
Elevate your skills at our advanced junior camp! Designed to build on existing skills and concepts, as we focus on refining your rallying abilities. Join us and take your game to the next level! 網球技巧大躍進！適合具基本網球基礎的小球員，進一步學習手眼協調動作及揮拍擊球技巧，集中學習對打的訓練。							
HVRB2-B	10/07 - 14/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	4 - 8	English 英語



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Junior Tennis Programme - Orange Ball (Class B) 小童網球訓練班 - 橙波(B班)							
All levels welcome at our Orange Ball Ball junior camp! Improve skills and have fun with expert coaches. Boost athleticism and teamwork with exciting games. Don't miss out on this amazing opportunity! 在專業教練的帶領下，小學員將透過有趣且刺激的遊戲，練習網球技術、協調性和機動性，提高運動能力與團隊合作精神。							
HVOB2-A	10/07 - 14/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	8 - 10	English 英語
Junior Tennis Programme - Green Ball - For Beginners (Class B) 小童網球訓練班 - 綠波(初階)(B班)							
Elevate your game with Green Ball Club's junior camp! Build tennis skills, coordination, mobility, and match play with expert coaches, plus enjoy fun games to enhance athleticism. Make friends and have a blast! 提升網球比賽水平！在專業教練的培訓下，學習網球技巧、協調性及移動的靈活性，並會進行對賽。此外，課程以趣味遊戲增強學員的運動能力，亦讓學員能結交新朋友，盡情玩樂！							
HVGB2-A	10/07 - 14/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	9 - 10	English 英語
Junior Tennis Programme - Green Ball - Dev/Pro (Class B) 小童網球訓練班 - 綠波(進階)(B班)							
Step up your tennis game with Green Ball Pro's junior camp! Get expert guidance to improve stroke consistency, spin, serve, return, transition plays, and match play skills. Don't miss out on the fun! 進一步提升網球比賽水平！在專業教練的指導下，提高擊球的一致性、旋轉、發球、接球、轉換比賽及競賽技巧，不容錯過！							
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Junior Tennis Programme - Yellow Ball - Dev (Class B) 小童網球訓練班 - 黃波(進階)(B班)							
Join our Yellow Ball Club Development camp where juniors receive expert guidance on key areas such as serve and return, individual strengths/weaknesses, and court strategies. Unlock your full potential! 在專家的指導下進行高強度訓練，透過密集式特訓、特定的體能鍛鍊及每日的學員對賽，集中學習接發球、個人優劣勢及球場策略等戰術上的關鍵領域，釋放小朋友的無限潛能！							
HVYB2-A	10/07 - 14/07 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	10+	English 英語



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Junior Tennis Programme - Red Ball - For Beginners (Class C) 小童網球訓練班 - 紅波(初階)(C班)							
Ace your child's tennis skills! Toddlers and young children learn hand-eye coordination, movement, and stroke production through game-based learning, with mini nets and soft balls in a fun environment. 成為小網球員！以遊戲為本的教學方法，配合小型球網及軟球，在有趣的學習氣氛下培養幼兒及兒童的手眼協調、移動靈活性及擊球技巧。							
HVRB3-A	17/07 – 21/07 Mon to Fri 星期一至五	9:00am - 10:00am	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	24	4 - 8	English 英語
Junior Tennis Programme - Red Ball - Dev/Pro (Class C) 小童網球訓練班 - 紅波(進階)(C班)							
Elevate your skills at our advanced junior camp! Designed to build on existing skills and concepts, as we focus on refining your rallying abilities. Join us and take your game to the next level! 網球技巧大躍進！適合具基本網球基礎的小球員，進一步學習手眼協調動作及揮拍擊球技巧，集中學習對打的訓練。							
HVRB3-B	17/07 – 21/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	4 - 8	English 英語
Junior Tennis Programme - Orange Ball (Class C) 小童網球訓練班 - 橙波(C班)							
All levels welcome at our Orange Ball Ball junior camp! Improve skills and have fun with expert coaches. Boost athleticism and teamwork with exciting games. Don't miss out on this amazing opportunity! 在專業教練的帶領下，小學員將透過有趣且刺激的遊戲，練習網球技術、協調性和機動性，提高運動能力與團隊合作精神。							
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Junior Tennis Programme - Green Ball - For Beginners (Class C) 小童網球訓練班 - 綠波(初階)(C班)							
Elevate your game with Green Ball Club's junior camp! Build tennis skills, coordination, mobility, and match play with expert coaches, plus enjoy fun games to enhance athleticism. Make friends and have a blast! 提升網球比賽水平！在專業教練的培訓下，學習網球技巧、協調性及移動的靈活性，並會進行對賽。此外，課程以趣味遊戲增強學員的運動能力，亦讓學員能結交新朋友，盡情玩樂！							
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Junior Tennis Programme - Green Ball - Dev/Pro (Class C) 小童網球訓練班 - 綠波(進階)(C班)							
Step up your tennis game with Green Ball Pro's junior camp! Get expert guidance to improve stroke consistency, spin, serve, return, transition plays, and match play skills. Don't miss out on the fun! 進一步提升網球比賽水平！在專業教練的指導下，提高擊球的一致性、旋轉、發球、接球、轉換比賽及競賽技巧，不容錯過！							
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Junior Tennis Programme - Yellow Ball - Dev (Class C) 小童網球訓練班 - 黃波(進階)(C班)							
Join our Yellow Ball Club Development camp where juniors receive expert guidance on key areas such as serve and return, individual strengths/weaknesses, and court strategies. Unlock your full potential! 在專家的指導下進行高強度訓練，透過密集式特訓、特定的體能鍛鍊及每日的學員對賽，集中學習接發球、個人優劣勢及球場策略等戰術上的關鍵領域，釋放小朋友的無限潛能！							
HVYB3-A	17/07 – 21/07 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	10+	English 英語
Junior Tennis Programme - Red Ball - For Beginners (Class D) 小童網球訓練班 - 紅波(初階)(D班)							
Ace your child's tennis skills! Toddlers and young children learn hand-eye coordination, movement, and stroke production through game-based learning, with mini nets and soft balls in a fun environment. 成為小網球員！以遊戲為本的教學方法，配合小型球網及軟球，在有趣的學習氣氛下培養幼兒及兒童的手眼協調、移動靈活性及擊球技巧。							
HVRB4-A	03/07 – 07/07 Mon to Fri 星期一至五	9:00am - 10:00am	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	24	4 - 8	English 英語
Junior Tennis Programme - Red Ball - Dev/Pro (Class D) 小童網球訓練班 - 紅波(進階)(D班)							
Elevate your skills at our advanced junior camp! Designed to build on existing skills and concepts, as we focus on refining your rallying abilities. Join us and take your game to the next level! 網球技巧大躍進！適合具基本網球基礎的小球員，進一步學習手眼協調動作及揮拍擊球技巧，集中學習對打的訓練。							
HVRB4-B	24/07 – 28/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	4 - 8	English 英語



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Junior Tennis Programme - Orange Ball (Class D) 小童網球訓練班 - 橙波(D班)							
All levels welcome at our Orange Ball Ball junior camp! Improve skills and have fun with expert coaches. Boost athleticism and teamwork with exciting games. Don't miss out on this amazing opportunity! 在專業教練的帶領下，小學員將透過有趣且刺激的遊戲，練習網球技術、協調性和機動性，提高運動能力與團隊合作精神。							
HVOB4-A	24/07 – 28/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	8 - 10	English 英語
Junior Tennis Programme - Green Ball - For Beginners (Class D) 小童網球訓練班 - 綠波(初階)(D班)							
Elevate your game with Green Ball Club's junior camp! Build tennis skills, coordination, mobility, and match play with expert coaches, plus enjoy fun games to enhance athleticism. Make friends and have a blast! 提升網球比賽水平！在專業教練的培訓下，學習網球技巧、協調性及移動的靈活性，並會進行對賽。此外，課程以趣味遊戲增強學員的運動能力，亦讓學員能結交新朋友，盡情玩樂！							
HVGB4-A	24/07 – 28/07 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	9 - 10	English 英語
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Junior Tennis Programme - Yellow Ball - Dev (Class D) 小童- 黃波(進階)(D班)							
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Junior Tennis Programme - Red Ball - For Beginners (Class E) 小童網球訓練班 - 紅波(初階)(E班)							
Ace your child's tennis skills! Toddlers and young children learn hand-eye coordination, movement, and stroke production through game-based learning, with mini nets and soft balls in a fun environment. 成為小網球員！以遊戲為本的教學方法，配合小型球網及軟球，在有趣的學習氣氛下培養幼兒及兒童的手眼協調、移動靈活性及擊球技巧。							
HVRB5-A	31/07 - 04/08 Mon to Fri 星期一至五	9:00am - 10:00am	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	24	4 - 8	English 英語
Junior Tennis Programme - Red Ball - Dev/Pro (Class E) 小童網球訓練班 - 紅波(進階)(E班)							
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HVRB5-B	31/07 - 04/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	4 - 8	English 英語
Junior Tennis Programme - Orange Ball (Class E) 小童網球訓練班 - 橙波(E班)							
All levels welcome at our Orange Ball Ball junior camp! Improve skills and have fun with expert coaches. Boost athleticism and teamwork with exciting games. Don't miss out on this amazing opportunity! 在專業教練的帶領下，小學員將透過有趣且刺激的遊戲，練習網球技術、協調性和機動性，提高運動能力與團隊合作精神。							
HVOB5-A	31/07 - 04/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	8 - 10	English 英語
Junior Tennis Programme - Green Ball - For Beginners (Class E) 小童網球訓練班 - 綠波(初階)(E班)							
Elevate your game with Green Ball Club's junior camp! Build tennis skills, coordination, mobility, and match play with expert coaches, plus enjoy fun games to enhance athleticism. Make friends and have a blast! 提升網球比賽水平！在專業教練的培訓下，學習網球技巧、協調性及移動的靈活性，並會進行對賽。此外，課程以趣味遊戲增強學員的運動能力，亦讓學員能結交新朋友，盡情玩樂！							
HVGB5-A	31/07 - 04/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	9 - 10	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Tennis Programme - Green Ball - Dev/Pro (Class E) 小童網球訓練班 - 綠波(進階)(E班)							
Step up your tennis game with Green Ball Pro's junior camp! Get expert guidance to improve stroke consistency, spin, serve, return, transition plays, and match play skills. Don't miss out on the fun! 進一步提升網球比賽水平！在專業教練的指導下，提高擊球的一致性、旋轉、發球、接球、轉換比賽及競賽技巧，不容錯過！							
HVGB5-B	31/07 – 04/08 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	9 - 10	English 英語
Junior Tennis Programme - Yellow Ball - Dev (Class E) 小童網球訓練班 - 黃波(進階)(E班)							
Join our Yellow Ball Club Development camp where juniors receive expert guidance on key areas such as serve and return, individual strengths/weaknesses, and court strategies. Unlock your full potential! 在專家的指導下進行高強度訓練，透過密集式特訓、特定的體能鍛鍊及每日的學員對賽，集中學習接發球、個人優劣勢及球場策略等戰術上的關鍵領域，釋放小朋友的無限潛能！							
HVYB5-A	31/07 – 04/08 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	10+	English 英語
Junior Tennis Programme - Red Ball - For Beginners (Class F) 小童網球訓練班 - 紅波(初階)(F班)							
Ace your child's tennis skills! Toddlers and young children learn hand-eye coordination, movement, and stroke production through game-based learning, with mini nets and soft balls in a fun environment. 成為小網球員！以遊戲為本的教學方法，配合小型球網及軟球，在有趣的學習氣氛下培養幼兒及兒童的手眼協調、移動靈活性及擊球技巧。							
HVRB6-A	07/08 – 11/08 Mon to Fri 星期一至五	9:00am - 10:00am	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	24	4 - 8	English 英語
Junior Tennis Programme - Red Ball - Dev/Pro (Class F) 小童網球訓練班 - 紅波(進階)(F班)							
Elevate your skills at our advanced junior camp! Designed to build on existing skills and concepts, as we focus on refining your rallying abilities. Join us and take your game to the next level! 網球技巧大躍進！適合具基本網球基礎的小球員，進一步學習手眼協調動作及揮拍擊球技巧，集中學習對打的訓練。							
HVRB6-B	07/08 – 11/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	4 - 8	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Tennis Programme - Orange Ball (Class F) 小童網球訓練班 - 橙波(F班)							
All levels welcome at our Orange Ball Ball junior camp! Improve skills and have fun with expert coaches. Boost athleticism and teamwork with exciting games. Don't miss out on this amazing opportunity! 在專業教練的帶領下，小學員將透過有趣且刺激的遊戲，練習網球技術、協調性和機動性，提高運動能力與團隊合作精神。							
HVOB6-A	07/08 – 11/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	8 - 10	English 英語
Junior Tennis Programme - Green Ball - For Beginners (Class F) 小童網球訓練班 - 綠波(初階)(F班)							
Elevate your game with Green Ball Club's junior camp! Build tennis skills, coordination, mobility, and match play with expert coaches, plus enjoy fun games to enhance athleticism. Make friends and have a blast! 提升網球比賽水平！在專業教練的培訓下，學習網球技巧、協調性及移動的靈活性，並會進行對賽。此外，課程以趣味遊戲增強學員的運動能力，亦讓學員能結交新朋友，盡情玩樂！							
HVGB6-A	07/08 – 11/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	9 - 10	English 英語
Junior Tennis Programme - Green Ball - Dev/Pro (Class F) 小童網球訓練班 - 綠波(進階)(F班)							
Step up your tennis game with Green Ball Pro's junior camp! Get expert guidance to improve stroke consistency, spin, serve, return, transition plays, and match play skills. Don't miss out on the fun! 進一步提升網球比賽水平！在專業教練的指導下，提高擊球的一致性、旋轉、發球、接球、轉換比賽及競賽技巧，不容錯過！							
HVGB6-B	07/08 – 11/08 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	9 - 10	English 英語
Junior Tennis Programme - Yellow Ball - Dev (Class F) 小童網球訓練班 - 黃波(進階)(F班)							
Join our Yellow Ball Club Development camp where juniors receive expert guidance on key areas such as serve and return, individual strengths/weaknesses, and court strategies. Unlock your full potential! 在專家的指導下進行高強度訓練，透過密集式特訓、特定的體能鍛鍊及每日的學員對賽，集中學習接發球、個人優劣勢及球場策略等戰術上的關鍵領域，釋放小朋友的無限潛能！							
HVYB6-A	07/08 – 11/08 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	10+	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Tennis Programme - Red Ball - For Beginners (Class G) 小童網球訓練班 - 紅波(初階)(G班)							
Ace your child's tennis skills! Toddlers and young children learn hand-eye coordination, movement, and stroke production through game-based learning, with mini nets and soft balls in a fun environment. 成為小網球員！以遊戲為本的教學方法，配合小型球網及軟球，在有趣的學習氣氛下培養幼兒及兒童的手眼協調、移動靈活性及擊球技巧。							
HVRB7-A	14/08 – 18/08 Mon to Fri 星期一至五	9:00am - 10:00am	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	24	4 - 8	English 英語
Junior Tennis Programme - Red Ball - Dev/Pro (Class G) 小童網球訓練班 - 紅波(進階)(G班)							
Elevate your skills at our advanced junior camp! Designed to build on existing skills and concepts, as we focus on refining your rallying abilities. Join us and take your game to the next level! 網球技巧大躍進！適合具基本網球基礎的小球員，進一步學習手眼協調動作及揮拍擊球技巧，集中學習對打的訓練。							
HVRB7-B	14/08 – 18/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	4 - 8	English 英語
Junior Tennis Programme - Orange Ball (Class G) 小童網球訓練班 - 橙波(G班)							
All levels welcome at our Orange Ball Ball junior camp! Improve skills and have fun with expert coaches. Boost athleticism and teamwork with exciting games. Don't miss out on this amazing opportunity! 在專業教練的帶領下，小學員將透過有趣且刺激的遊戲，練習網球技術、協調性和機動性，提高運動能力與團隊合作精神。							
HVOB7-A	14/08 – 18/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	8 - 10	English 英語
Junior Tennis Programme - Green Ball - For Beginners (Class G) 小童網球訓練班 - 綠波(初階)(G班)							
Elevate your game with Green Ball Club's junior camp! Build tennis skills, coordination, mobility, and match play with expert coaches, plus enjoy fun games to enhance athleticism. Make friends and have a blast! 提升網球比賽水平！在專業教練的培訓下，學習網球技巧、協調性及移動的靈活性，並會進行對賽。此外，課程以趣味遊戲增強學員的運動能力，亦讓學員能結交新朋友，盡情玩樂！							
HVGB7-A	14/08 – 18/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	9 - 10	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Tennis Programme - Green Ball - Dev/Pro (Class G) 小童網球訓練班 - 綠波(進階)(G班)							
Step up your tennis game with Green Ball Pro's junior camp! Get expert guidance to improve stroke consistency, spin, serve, return, transition plays, and match play skills. Don't miss out on the fun! 進一步提升網球比賽水平！在專業教練的指導下，提高擊球的一致性、旋轉、發球、接球、轉換比賽及競賽技巧，不容錯過！							
HVGB7-B	14/08 – 18/08 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	9 - 10	English 英語
Junior Tennis Programme - Yellow Ball - Dev (Class G) 小童網球訓練班 - 黃波(進階)(G班)							
Join our Yellow Ball Club Development camp where juniors receive expert guidance on key areas such as serve and return, individual strengths/weaknesses, and court strategies. Unlock your full potential! 在專家的指導下進行高強度訓練，透過密集式特訓、特定的體能鍛鍊及每日的學員對賽，集中學習接發球、個人優劣勢及球場策略等戰術上的關鍵領域，釋放小朋友的無限潛能！							
HVYB7-A	14/08 – 18/08 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	10+	English 英語
Junior Tennis Programme - Red Ball - For Beginners (Class H) 小童網球訓練班 - 紅波(初階)(H班)							
Ace your child's tennis skills! Toddlers and young children learn hand-eye coordination, movement, and stroke production through game-based learning, with mini nets and soft balls in a fun environment. 成為小網球員！以遊戲為本的教學方法，配合小型球網及軟球，在有趣的學習氣氛下培養幼兒及兒童的手眼協調、移動靈活性及擊球技巧。							
HVRB8-A	21/08 – 25/08 Mon to Fri 星期一至五	9:00am - 10:00am	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	24	4 - 8	English 英語
Junior Tennis Programme - Red Ball - Dev/Pro (Class H) 小童網球訓練班 - 紅波(進階)(H班)							
Elevate your skills at our advanced junior camp! Designed to build on existing skills and concepts, as we focus on refining your rallying abilities. Join us and take your game to the next level! 網球技巧大躍進！適合具基本網球基礎的小球員，進一步學習手眼協調動作及揮拍擊球技巧，集中學習對打的訓練。							
HVRB8-B	21/08 – 25/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	4 - 8	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Tennis Programme - Orange Ball (Class H) 小童網球訓練班 - 橙波(H班)							
All levels welcome at our Orange Ball Ball junior camp! Improve skills and have fun with expert coaches. Boost athleticism and teamwork with exciting games. Don't miss out on this amazing opportunity! 在專業教練的帶領下，小學員將透過有趣且刺激的遊戲，練習網球技術、協調性和機動性，提高運動能力與團隊合作精神。							
HVOB8-A	21/08 – 25/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	8 - 10	English 英語
Junior Tennis Programme - Green Ball - For Beginners (Class H) 小童網球訓練班 - 綠波(初階)(H班)							
Elevate your game with Green Ball Club's junior camp! Build tennis skills, coordination, mobility, and match play with expert coaches, plus enjoy fun games to enhance athleticism. Make friends and have a blast! 提升網球比賽水平！在專業教練的培訓下，學習網球技巧、協調性及移動的靈活性，並會進行對賽。此外，課程以趣味遊戲增強學員的運動能力，亦讓學員能結交新朋友，盡情玩樂！							
HVGB8-A	21/08 – 25/08 Mon to Fri 星期一至五	10:00am - 12:00nn	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$2,400 Guest 來賓: HK\$2,880	12	9 - 10	English 英語
Junior Tennis Programme - Green Ball - Dev/Pro (Class H) 小童網球訓練班 - 綠波(進階)(H班)							
Step up your tennis game with Green Ball Pro's junior camp! Get expert guidance to improve stroke consistency, spin, serve, return, transition plays, and match play skills. Don't miss out on the fun! 進一步提升網球比賽水平！在專業教練的指導下，提高擊球的一致性、旋轉、發球、接球、轉換比賽及競賽技巧，不容錯過！							
HVGB8-B	21/08 – 25/08 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	9 - 10	English 英語
Junior Tennis Programme - Yellow Ball - Dev (Class H) 小童網球訓練班 - 黃波(進階)(H班)							
Join our Yellow Ball Club Development camp where juniors receive expert guidance on key areas such as serve and return, individual strengths/weaknesses, and court strategies. Unlock your full potential! 在專家的指導下進行高強度訓練，透過密集式特訓、特定的體能鍛鍊及每日的學員對賽，集中學習接發球、個人優劣勢及球場策略等戰術上的關鍵領域，釋放小朋友的無限潛能！							
HVYB8-A	21/08 – 25/08 Mon to Fri 星期一至五	10:00am - 1:00pm	Tennis Court, The Hilltop in The Valley The Hilltop in The Valley網球場	Member 會員: HK\$3,600 Guest 來賓: HK\$4,320	12	10+	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Golf Camp - Age 5 to 8 (Class A) 高爾夫球三天訓練班(五至八歲)(A班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG1A	05/07 – 07/07 Wed to Fri 星期三至五	1:00pm - 2:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	5 - 8	English 英語
Junior Golf Camp - Age 5 to 8 (Class B) 高爾夫球三天訓練班(五至八歲)(B班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG2A	12/07 – 14/07 Wed to Fri 星期三至五	1:00pm - 2:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	5 - 8	English 英語
Junior Golf Camp - Age 5 to 8 (Class C) 高爾夫球三天訓練班(五至八歲)(C班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG3A	19/07 – 21/07 Wed to Fri 星期三至五	1:00pm - 2:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	5 - 8	English 英語
Junior Golf Camp - Age 5 to 8 (Class D) 高爾夫球三天訓練班(五至八歲)(D班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG4A	26/07 – 28/07 Wed to Fri 星期三至五	1:00pm - 2:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	5 - 8	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Golf Camp - Age 5 to 8 (Class E) 高爾夫球三天訓練班(五至八歲)(E班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG5A	02/08 – 04/08 Wed to Fri 星期三至五	1:00pm - 2:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	5 - 8	English 英語
Junior Golf Camp - Age 5 to 8 (Class F) 高爾夫球三天訓練班(五至八歲)(F班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG6A	09/08 – 11/08 Wed to Fri 星期三至五	1:00pm - 2:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	5 - 8	English 英語
Junior Golf Camp - Age 5 to 8 (Class G) 高爾夫球三天訓練班(五至八歲)(G班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG7A	16/08 – 18/08 Wed to Fri 星期三至五	1:00pm - 2:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	5 - 8	English 英語
Junior Golf Camp - Age 5 to 8 (Class H) 高爾夫球三天訓練班(五至八歲)(H班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG8A	23/08 – 25/08 Wed to Fri 星期三至五	1:00pm - 2:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	5 - 8	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Golf Camp - Age 9 to 12 (Class A) 高爾夫球三天訓練班(九至十二歲)(A班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG1B	05/07 – 07/07 Wed to Fri 星期三至五	2:00pm - 3:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	9 - 12	English 英語
Junior Golf Camp - Age 9 to 12 (Class B) 高爾夫球三天訓練班(九至十二歲)(B班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG2B	12/07 – 14/07 Wed to Fri 星期三至五	2:00pm - 3:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	9 - 12	English 英語
Junior Golf Camp - Age 9 to 12 (Class C) 高爾夫球三天訓練班(九至十二歲)(C班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG3B	19/07 – 21/07 Wed to Fri 星期三至五	2:00pm - 3:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	9 - 12	English 英語
Junior Golf Camp - Age 9 to 12 (Class D) 高爾夫球三天訓練班(九至十二歲)(D班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG4B	26/07 – 28/07 Wed to Fri 星期三至五	2:00pm - 3:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	9 - 12	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Golf Camp - Age 9 to 12 (Class E) 高爾夫球三天訓練班(九至十二歲)(E班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG5B	02/08 – 04/08 Wed to Fri 星期三至五	2:00pm - 3:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	9 - 12	English 英語
Junior Golf Camp - Age 9 to 12 (Class F) 高爾夫球三天訓練班(九至十二歲)(F班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG6B	09/08 – 11/08 Wed to Fri 星期三至五	2:00pm - 3:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	9 - 12	English 英語
Junior Golf Camp - Age 9 to 12 (Class G) 高爾夫球三天訓練班(九至十二歲)(G班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG7B	16/08 – 18/08 Wed to Fri 星期三至五	2:00pm - 3:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	9 - 12	English 英語
Junior Golf Camp - Age 9 to 12 (Class H) 高爾夫球三天訓練班(九至十二歲)(H班)							
Introduce your child to the exciting world of golf! Learn the basics of technique, rules, and etiquette in a supportive, fun environment. Get ready to tee off and make some unforgettable memories! 讓小朋友走進刺激的高爾夫球世界！在有趣愉快的環境下，學習高爾夫球的基礎技術、規則及禮儀，創造精彩的難忘回憶！							
HVJG8B	23/08 – 25/08 Wed to Fri 星期三至五	2:00pm - 3:00pm	Golf Simulator, Sports Complex 體育綜合大樓 高爾夫球模擬室	Member 會員: HK\$1,250 Guest 來賓: HK\$1,500	6	9 - 12	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Master Archer 攻防箭							
Become a master archer in a safe environment. Improve your hand-eye coordination, reaction time, and strategic thinking as you compete to win. Join us for an unforgettable adventure! 在安全的環境下學習射箭及對箭活動，提高小朋友手眼協調能力和反應，成為小小神射手！							
HVMEMA1	21/07 Fri 星期五	12:30pm - 2:30pm	Upper Studio, Sports Complex 體育綜合大樓上層習藝室	Member 會員: HK\$600 Guest 來賓: HK\$720	12	8 - 14	English 英語
Mum and ME! 親子游泳班							
Discover the joy of swimming with your loved ones! Unlock their potential and foster their growth in the water, all while building their self-assurance. With your support and guidance, watch as they dive into a world of excitement and adventure in the pool. 親子同泳樂！與家人嬉水暢泳，培養游泳的技巧，消暑降溫的同時，幫助小朋友建立在水中暢泳的信心。							
HTMB23	08/07 – 26/08 Every Sat 逢星期六	10:00am - 11:00am	Hilltop Pool 舊會所游泳池	Member 會員: HK\$195 Guest 來賓: N/A	6	1 - 2	Cantonese / English 廣東話 / 英語
Swimming Camp 游泳訓練營							
Improve your swimming skills with our swimming camp! Perfect your stroke techniques, increase endurance, and practice starts and turns to boost your speed in the pool. 在游泳訓練營裏學習不同的泳式、入水和轉身技巧，改善游泳姿勢，繼而提升速度和耐力。							
D23	03/07 – 28/08 Mon to Fri 星期一至五	9:30am - 12:30pm	Valley Pool 新會所游泳池	Member 會員: HK\$1,175 - HK\$1,762 Guest 來賓: N/A	8	3 - 12	Cantonese / English 廣東話 / 英語
Click here to view swimming camp timetable. 按此瀏覽游泳訓練營時間表 (只提供英文版)							
Group Swimming Classes 團體游泳訓練班							
Learning to swim is fun and easy! Dive into swimming with our small classes and expert instructors. Learn stroke techniques, endurance, starts, and turns with focused attention in small class sizes. 由經驗豐富的教練帶領，以小班遊戲模式進行，讓小朋友學習不同的泳式、入水和轉身技巧，鍛鍊耐力，發揮潛能！							
H701x - H821x	03/07 – 28/08 Mon to Sat 星期一至六	2:00pm - 7:00pm	Valley Pool 新會所游泳池	Member 會員: HK\$1,560 - HK\$1,880 Guest 來賓: N/A	8	3 - 12	Cantonese / English 廣東話 / 英語
Click here to view group swimming class timetable. 按此瀏覽團體游泳訓練班時間表 (只提供英文版)							



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Private Swimming Lessons							
私人游泳訓練班							
Refine your swimming skills with private lessons at Happy Valley New Clubhouse, available in a one-on-one or one-on-two class mode. Our skilled instructors deliver tailored instruction to help you achieve your aquatic goals. Contact our Sports and Leisure Team at 2966 1258 for more information. 跑馬地會所新會所的一對一或一對二私人游泳課程，皆由專業教練提供量身定制的指導，有助提升學員的游泳技能。詳情請致電2966 1258康樂辦事處查詢。							
HVSWP	03/07 – 26/08 Mon to Sat 星期一至六	9:00am - 8:00pm	Valley Pool 新會所游泳池	Member 會員: HK\$330 - HK\$460 / 30-minute 每半小時 Guest 來賓: N/A	1-2	All 所有	Cantonese / English 廣東話 / 英語
Click here to view private swimming lesson timetable. 按此瀏覽私人游泳訓練班時間表 (只提供英文版)							
JC Dance Squad – Hiphop							
JC舞團 - 嘻哈							
Experience the hype of a 2-day Hip Hop camp and learn essential techniques and steps. Show off your moves in a final performance on the last day! 在歡笑中讓小朋友學習嘻哈舞的基本動作和技術，並在課程最後一天為大家進行精彩表演！							
HVVGHH	29/07 – 30/07 Sat to Sun 星期六及日	2:00pm - 3:30pm	Valley Gym 新會所健身中心	Member 會員: HK\$1,500 Guest 來賓: HK\$1,800	10	14 - 18	English 英語
JC Dance Squad - Aerial Dance							
JC舞團 - 空中舞蹈							
Discover the beauty of aerial dance in our 2-day camp. Learn aerial techniques and motions from experienced instructors and showcase your skills in a final performance on the last day. 探索空中舞蹈之美！小朋友在兩天的訓練營中，由經驗豐富的導師教授空中舞蹈的基本動作和技巧，並在課程最後一天為大家進行精彩表演！							
HVVGAD	05/08 – 06/08 Sat to Sun 星期六及日	2:00pm - 3:30pm	Valley Gym 新會所健身中心	Member 會員: HK\$1,800 Guest 來賓: HK\$2,160	5	14 - 18	English 英語
Junior Ironman Challenge (Class A)							
小鐵人挑戰 (A班)							
Become a junior ironman! This 6-day elite fitness programme teaches juniors to be elite and develop a good mentality, challenge themselves, and break through their limits to be more confident. 透過六天小鋼鐵人體能訓練，讓小朋友建立堅韌不屈的意志，突破自我，培養成為出色運動員的特質。							
HVVGJ1	04/07 – 22/07 Tue & Sat 星期二及六	9:00am - 10:00am	Valley Gym 新會所健身中心	Member 會員: HK\$3,000 Guest 來賓: HK\$3,600	8	14 - 18	English 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Ironman Challenge (Class B) 小鐵人挑戰 (B班)							
Become a junior ironman! This 6-day elite fitness programme teaches juniors to be elite and develop a good mentality, challenge themselves, and break through their limits to be more confident. 透過六天小鋼鐵人體能訓練，讓小朋友建立堅韌不屈的意志，突破自我，培養成為出色運動員的特質。							
HVVGJ12	01/08 – 19/08 Tue & Sat 星期二及六	9:00am - 10:00am	Valley Gym 新會所健身中心	Member 會員: HK\$3,000 Guest 來賓: HK\$3,600	8	14 - 18	English 英語



Smart Talent 展才能

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Western Dining Etiquette 西式餐桌禮儀							
Give your kids the gift of dining manners with our fun and interactive class! Engage in discussions and activities to learn Western dining etiquette. 透過互動有趣的餐桌禮儀課，學習西菜餐桌禮儀，成為禮儀周到的小紳士和小淑女！							
HVKTWE	28/07 Fri 星期五	10:00am - 12:00nn	Centenary Room 百年廳	Member 會員: HK\$1,500 Guest 來賓: HK\$1,800	12	6-12	English 英語
Chinese Dining Etiquette 中式餐桌禮儀							
Give your kids the gift of dining manners with our fun and interactive class! Engage in discussions and activities to learn Chinese dining etiquette. 透過互動有趣的餐桌禮儀課，學習中菜餐桌禮儀，成為禮儀周到的小紳士和小淑女！							
HVKTCE	11/08 Fri 星期五	10:00am - 12:00nn	Centenary Room 百年廳	Member 會員: HK\$1,500 Guest 來賓: HK\$1,800	12	6-12	English 英語
Pastry Class - Apple Pie with Vanilla Sauce (Class A) 小煮廚烘焙班 - 蘋果批配雲尼拿醬 (A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Apple Pie with Vanilla Sauce and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作蘋果批配雲尼拿醬，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC01	03/07 Mon 星期一	3:00pm - 4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese 廣東話



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Pastry Class - Vanilla Choux Puff (Class A) 小煮廚烘焙班 - 雲尼拿泡芙(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make a classic Vanilla Choux Puff and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作雲尼拿泡芙，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC02	05/07 Wed 星期三	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Chocolate Brownies (Class A) 小煮廚烘焙班 - 朱古力布朗尼(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Chocolate Brownies and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作朱古力布朗尼，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC03	07/07 Fri 星期五	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Raspberry Clafouti (Class A) 小煮廚烘焙班 - 法式紅桑子布丁蛋糕(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Raspberry Clafouti and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作法式紅桑子布丁蛋糕，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC04	10/07 Mon 星期一	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Quiche Lorraine (Class A) 小煮廚烘焙班 - 法式煙肉菠菜蛋批(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make a classic Quiche Lorraine and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作法式煙肉菠菜煙肉蛋批，於炎炎夏日，品嚐清新消暑的好滋味！							
HVPC05	12/07 Wed 星期三	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese 廣東話



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Pastry Class - Mango Mousse Cup (Class A) 小煮廚烘焙班 - 芒果慕絲杯(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make a Mango Mousse Cup and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作芒果慕絲杯，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC06	14/07 Fri 星期五	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Crêpe Rolls (Class A) 小煮廚烘焙班 - 法式千層蛋卷(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Crepe Rolls and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作法式千層蛋卷，在炎炎夏日，品嚐清新消暑的好滋味！							
HVPC07	17/07 Mon 星期一	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Almond Chocolate Torte (Class A) 小煮廚烘焙班 - 德式杏仁朱古力蛋糕(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Almond Chocolate Torte and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作德式杏仁朱古力蛋糕，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC08	19/07 Wed 星期三	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Mango Passion fruit Meringue Sable Breton (Class A) 小煮廚烘焙班 - 芒果熱情果蛋白酥(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Mango Passion Fruit Meringue Sable Breton and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作法式菠菜煙肉蛋批，於炎炎夏日，品嚐清新消暑的好滋味！							
HVPC09	21/07 Fri 星期五	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese 廣東話



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Pastry Class - Strawberry Tart (Class A) 小煮廚烘焙班 - 士多啤梨撻(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Strawberry Tart and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作芒果慕絲杯，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC10	24/07 Mon 星期一	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Mango Mille Feuille (Class A) 小煮廚烘焙班 - 芒果拿破崙(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make a Mango Mille Feuille and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作法式千層蛋卷，在炎炎夏日，品嚐清新消暑的好滋味！							
HVPC11	26/07 Wed 星期三	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Tiramisu (Class A) 小煮廚烘焙班 - 意大利芝士蛋糕(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Tiramisu and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作德式杏仁朱古力蛋糕，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC12	28/07 Fri 星期五	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Apple Pie with Vanilla Sauce 小煮廚烘焙班 - 蘋果批配雲尼拿醬							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Apple Pie with Vanilla Sauce and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作蘋果批配雲尼拿醬，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC13	31/07 Mon 星期一	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese 廣東話



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Pastry Class - Vanilla Choux Puff (Class A) 小煮廚烘焙班 - 雲尼拿泡芙(A班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make a classic Vanilla Choux Puff and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作雲尼拿泡芙，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC14	02/08 Wed 星期三	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Chocolate Brownies (Class B) 小煮廚烘焙班 - 朱古力布朗尼(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Chocolate Brownies and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作朱古力布朗尼，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC15	04/08 Fri 星期五	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Raspberry Clafouti (Class B) 小煮廚烘焙班 - 法式紅桑子布丁蛋糕(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Raspberry Clafouti and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作法式紅桑子布丁蛋糕，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC16	07/08 Mon 星期一	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Quiche Lorraine (Class B) 小煮廚烘焙班 - 法式煙肉菠菜蛋批(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make a classic Quiche Lorraine and beat the summerheat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作法式菠菜煙肉蛋批，於炎炎夏日，品嚐清新消暑的好滋味！							
HVPC17	09/08 Wed 星期三	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese 廣東話



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Pastry Class - Mango Mousse Cup (Class B) 小煮廚烘焙班 - 芒果慕絲杯(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make a Mango Mousse Cup and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作芒果慕絲杯，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC18	11/08 Fri 星期五	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Crêpe Rolls (Class B) 小煮廚烘焙班 - 法式千層蛋卷(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Crepe Rolls and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作法式千層蛋卷，在炎炎夏日，品嚐清新消暑的好滋味！							
HVPC19	14/08 Mon 星期一	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Almond Chocolate Torte (Class B) 小煮廚烘焙班 - 德式杏仁朱古力蛋糕(B班)							
Magic Valley to learn how to make Almond Chocolate Torte and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的							
Join Wonder Kitchen's summer pastry class in 夏日烘焙廚房，製作德式杏仁朱古力蛋糕，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC20	16/08 Wed 星期三	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Mango Passion fruit Meringue Sable Breton (Class B) 小煮廚烘焙班 - 芒果熱情果蛋白酥(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Mango Passion Fruit Meringue Sable Breton and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作芒果熱情果蛋白酥，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC21	18/08 Fri 星期五	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese 廣東話



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Pastry Class - Strawberry Tart (Class B) 小煮廚烘焙班 - 士多啤梨撻(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Strawberry Tart and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作士多啤梨撻，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC22	21/08 Mon 星期一	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Mango Mille Feuille (Class B) 小煮廚烘焙班 - 芒果拿破崙(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make a Mango Mille Feuille and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作芒果拿破崙，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC23	23/08 Wed 星期三	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Pastry Class - Tiramisu (Class B) 小煮廚烘焙班 - 意大利芝士蛋糕(B班)							
Join Wonder Kitchen's summer pastry class in Magic Valley to learn how to make Tiramisu and beat the summer heat with a refreshing treat! 奇妙山谷召集所有喜歡烘焙的小廚神，走進香氣撲鼻的夏日烘焙廚房，製作意大利芝士蛋糕，施展甜品魔法，用香甜的美食來為炎夏消暑！							
HVPC24	25/08 Fri 星期五	3:00pm -4:30pm	Wonder Kitchen, Magic Valley 小煮人廚房 奇妙山谷	Member 會員: HK\$440 Guest 來賓: HK\$530	6	5 - 12	Cantonese / English 廣東話 / 英語
Chess Academy - For Beginners 國際象棋訓練營 - 初級班							
Would you like to learn decision-making, strategy, patience and more valuable skills through chess? Build a positive attitude and learn from mistakes in our chess camp for kids. 想訓練小朋友的決策能力、策略思考，兼培養他們的專注力和耐性？不要錯過國際象棋訓練營，讓小孩藉棋藝鍛鍊腦筋，從中學習正向心態！							
HVAKC1	03/07 – 05/07 Mon to Wed 星期一至三	2:00pm - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$2,980 Guest 來賓: HK\$3,580	20	4 - 13	Cantonese / English 廣東話 / 英語



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Chess Academy - For Intermediates 國際象棋訓練營 - 進階班							
<p>Would you like to learn decision making, strategy, patience and more valuable skills through chess? Build a positive attitude and learn from mistakes in our camp for kids with basic chess knowledge. 想訓練小朋友的決策能力、策略思考，兼培養他們的專注力和耐力？不要錯過國際象棋訓練營，讓小孩藉棋藝鍛鍊腦筋，從中學習正向心態！</p>							
HVAK2	02/08 – 04/08 Wed to Fri 星期三至五	2:00pm - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$2,980 Guest 來賓: HK\$3,580	20	4 - 13	Cantonese / English 廣東話 / 英語
Animal Encounter - Gecko and Horned Beetle (Class A) 親親動物 - 守宮和獨角仙(A班)							
<p>Join our exotic animal-themed workshops! Partnering with animal specialists, Magic Valley offers unforgettable up-close encounters with amazing creatures. Let's go wild! 動物專家帶同小朋友走入奇珍異獸的世界，齊齊踏上探索之旅，近距離接觸守宮和獨角仙，展開親親動物奇幻旅程！</p>							
HVJA1	08/07 Sat 星期六	11:00am - 12:00nn	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$535 Guest 來賓: HK\$645	19	4 - 12	Cantonese / English 廣東話 / 英語
Animal Encounter - Gecko and Turtle (Class A) 親親動物 - 守宮和龜(A班)							
<p>Dive into the world of geckos and turtles! Partnering with animal specialists, Magic Valley offers unforgettable up-close encounters with amazing creatures. Let's go wild! 把握珍貴機會，近距離接觸守宮和龜，讓動物專家帶領小朋友發掘牠們奇趣的一面！今個炎夏，就讓奇妙山谷為大家大開眼界吧！</p>							
HVJA2	15/07 Sat 星期六	11:00am - 12:00nn	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$535 Guest 來賓: HK\$645	19	4 - 12	Cantonese / English 廣東話 / 英語
Animal Encounter - Gecko and Bearded Dragon (Class A) 親親動物 - 守宮和鬚獅蜥(A班)							
<p>Dive into the world of geckos and bearded dragons! Partnering with animal specialists, Magic Valley offers unforgettable up-close encounters with amazing creatures. Let's have a wild time together! 跟隨動物專家，跟守宮和鬚獅蜥近距離見面，了解牠們的奇趣習性。讓我們一起漫游奇妙山谷，來一場動物奇遇記吧！</p>							
HVJA3	22/07 Sat 星期六	2:00pm - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$535 Guest 來賓: HK\$645	19	4 - 12	Cantonese / English 廣東話 / 英語



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Animal Encounter - Sea Jelly and Seabed Creatures (Class A) 親親動物 - 水母和海床生物(A班)							
Experience sea jelly and seabed creatures! Partnering with animal specialists, Magic Valley offers unforgettable up-close encounters with amazing creatures. You're sure to have a wild time! 奇妙山谷為你展示神奇多變的水母和海床生物，讓我們的海洋生物專家，帶領小朋友暢游海洋世界的奧秘！							
HVJA4	29/07 Sat 星期六	2:00pm - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$535 Guest 來賓: HK\$645	19	4 - 12	Cantonese / English 廣東話 / 英語
Animal Encounter - Gecko and Horned Beetle (Class B) 親親動物 - 守宮和獨角仙(B班)							
Join our exotic animal-themed workshops! Partnering with animal specialists, Magic Valley offers unforgettable up-close encounters with amazing creatures. Let's go wild! 動物專家帶同小朋友走入奇珍異獸的世界，齊齊踏上探索之旅，近距離接觸守宮和獨角仙，展開親親動物奇幻旅程！							
HVJA5	30/07 Sun 星期日	11:00am - 12:00nn	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$535 Guest 來賓: HK\$645	19	4 - 12	Cantonese / English 廣東話 / 英語
Animal Encounter - Gecko and Turtle (Class B) 親親動物 - 守宮和龜(B班)							
Dive into the world of geckos and turtles! Partnering with animal specialists, Magic Valley offers unforgettable up-close encounters with amazing creatures. Let's go wild! 把握珍貴機會，近距離接觸守宮和龜，讓動物專家帶領小朋友發掘牠們奇趣的一面！今個炎夏，就讓奇妙山谷為大家大開眼界吧！							
HVJA6	06/08 Sun 星期日	11:00am - 12:00nn	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$535 Guest 來賓: HK\$645	19	4 - 12	Cantonese / English 廣東話 / 英語
Animal Encounter - Gecko and Bearded Dragon (Class B) 親親動物 - 守宮和鬚獅蜥(B班)							
Dive into the world of geckos and bearded dragons! Partnering with animal specialists, Magic Valley offers unforgettable up-close encounters with amazing creatures. Let's have a wild time together! 跟隨動物專家，跟守宮和鬚獅蜥近距離見面，了解牠們的奇趣習性。讓我們一起漫游奇妙山谷，來一場動物奇遇記吧！							
HVJA7	13/08 Sun 星期日	2:00pm - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$535 Guest 來賓: HK\$645	19	4 - 12	Cantonese / English 廣東話 / 英語



The Hilltop in The Valley

Smart Talent 展才能

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Animal Encounter - Sea Jelly and Seabed Creatures (Class B) 親親動物 - 水母和海床生物(B班)							
Experience sea jelly and seabed creatures! Partnering with animal specialists, Magic Valley offers unforgettable up-close encounters with amazing creatures. You're sure to have a wild time! 奇妙山谷為你展示神奇多變的水母和海床生物，讓我們的海洋生物專家，帶領小朋友暢游海洋世界的奧秘！							
HVJA7	20/08 Sun 星期日	2:00pm - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$535 Guest 來賓: HK\$645	19	4 - 12	Cantonese / English 廣東話 / 英語

Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Junior Fashion Designer - We Love Pom-Poms 時裝設計大師 - 夏日啦啦隊							
Pom-Pom lovers unite! This summer kids can design pom-pom outfits and accessories while learning about colors and textiles. At the end they'll showcase their outfit in the fun fashion show! 啦啦球愛好者召集！讓小朋友化身成為小小時裝設計師，穿梭於色彩與布料中，設計不同的啦啦隊服飾，發揮無窮創意力，並於時裝秀上展示自己的作品！							
HVAKFD	17/07 - 19/07 Mon to Wed 星期一至三	2:00pm - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$2,980 Guest 來賓: HK\$3,580	15	6 - 14	English 英語
Science Adventure - Lunar Rover 科學冒險 - 月球探究							
Get loony about the moon with us! Build a motorized K'Nex Lunar Rover, create meteorite craters, and construct a mystery moon phase box. Compete in a moon race and astronaut training. Prepare for the moon and beyond! 一起來探索月球吧！動手打造屬於自己的K'NEX電動摩托月球車，感受月球表面的隕石坑，並和其他小太空人一起建造神秘的月亮週期盒。一同「登陸」月球，展開難忘的太空探險之旅！							
HVAKLR	14/08 - 16/08 Mon to Wed 星期一至三	10:00am - 1:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$2,980 Guest 來賓: HK\$3,580	20	5 - 13	English 英語
STEM Kidz - Minecraft creator STEM新生代 - 智創冒險之旅							
Unleash creativity with Minecraft! Our program combines imagination with programming to build structures and contraptions and to design and customize unique features, commands, and game rules. Let your imagination run wild! 走進Minecraft世界，讓想像力自由馳騁！小朋友在玩樂中學習積木式編程，設計遊戲功能，規則及指令，建構精彩的結構和裝置，打造獨一無二的遊戲世界。齊來動腦筋，讓冒險旅程在你的指令下誕生！							
HVCAAC	17/07 - 19/07 Mon to Wed 星期一至三	10:00am - 1:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$3,930 Guest 來賓: HK\$4,720	15	6 - 10	English 英語



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Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
STEM Kidz - Roblox Studio Creator STEM新生代 - 遊戲編程師							
Learn how to create personalized games with the popular online gaming software Roblox Studio! Learn 3D modeling, coding with Lua, and game design concepts. Publish your own games and think creatively! 探索時下最流行的遊戲創作引擎Roblox Studio，讓小朋友運用 Lua 編程來構建自己的3D世界，掌握遊戲的設計和理論。在遊戲開發的旅程中，充分發揮創意和想像力！							
HVCARS	07/08 – 09/08 Mon to Wed 星期一至三	4:00pm - 5:30pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$3,930 Guest 來賓: HK\$4,720	15	9 - 12	English 英語
STEM Workshop - Build and Code STEM新生代 - 機械編程							
Unleash creativity with our LEGO-compatible system! Build projects and learn engineering and coding concepts. Program wireless sensors and motors to improve sequential thinking skills. Join us for an exciting adventure! 樂高®砌出無限想像！運用兼容樂高的創新系列進行編程任務和機械程式設計，配合不同的感應器及電動馬達組件，輕鬆訓練小朋友們的順序邏輯思維。齊來展開具挑戰性的編程體驗吧！							
HVGWBC	12/07 – 14/07 Wed to Fri 星期三至五	2:00pm - 4:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$3,075 Guest 來賓: HK\$3,690	16	7 - 10	English 英語
STEM Workshop - Forensic Investigator STEM新生代 - 法證調查							
Help us catch the burglar who stole our diamonds! Join us to investigate and reveal clues using scientific methods, LEGO® tools, and decoding secret messages. Solve the crime and bring the burglar to justice! 名貴的鑽石被盜取了！立即加入法證調查組，以樂高®組件進行科學化的調查方法和科學實驗，一同建做調查工具及從搜證中解讀隱藏信息，查出案件真相！							
HVGWFI	25/07 – 27/07 Tue to Thu 星期二至四	11:00am - 1:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$3,075 Guest 來賓: HK\$3,690	8	5 - 8	English 英語
STEM Workshop - Dino World STEM新生代 - 恐龍世界							
Embark on a dinosaur adventure and create your own digital story with LEGO® scenes! Design characters, write dialogues, and share a digital storybook with friends and family after our fun and creative camp! 踏上恐龍冒險之旅！用樂高®場景創造一無二的數碼故事，獨激發小朋友的想像力，設計炫酷的角色和有趣的對話，與家人和朋友分享你的異想世界！							
HVGWDW	31/07 – 02/08 Mon to Wed 星期一至三	10:00am - 1:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$3,075 Guest 來賓: HK\$3,690	8	5 - 8	English 英語



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STEM Workshop - Transport Developer STEM 新生代 - 小小運輸大亨							
Design and operate a miniature LEGO® city's transport system! Build vehicles and facilities, plan infrastructures and routes, and solve transportation problems through group discussions. Join us to develop your skills! 一同投入LEGO®微縮世界的城市交通系統！與小夥伴們商討開發公共運輸系統，建造車輛和社區設施，進行城市和路線規劃，解決城市交通問題，打造繁華的城市！							
HVGWTD	09/08 – 11/08 Wed to Fri 星期三至五	2:00pm - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$3,075 Guest 來賓: HK\$3,690	8	5 - 8	English 英語
Little Artist - Press Flower Light 小小藝術家 - 壓花小燈							
Let's get crafty! Boost creativity and craftsmanship with our Pressed Flower Light workshop for little artists. Create unique artworks that are both beautiful and functional in daily life! 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手製作溫馨又實用的壓花小燈，將獨特藝術品帶入日常生活中！							
HVCM1	08/07 Sat 星期六	2:30p.m - 4:30pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$480 Guest 來賓: HK\$580	19	4 - 12	Cantonese / English 廣東話 / 英語
Little Artist - Ink Art Bottle 小小藝術家 - 酒精墨水隨行杯							
Let's get crafty! Boost creativity and craftsmanship with our Ink Art Bottle workshop for little artists. Create unique artworks that are both beautiful and functional in daily life! 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手造出美麗又實用的酒精墨水隨行杯，將獨特藝術品帶入日常生活中！							
HVCM2	15/07 Sat 星期六	2:30p.m - 4:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$480 Guest 來賓: HK\$580	19	4 - 14	Cantonese / English 廣東話 / 英語
Little Artist - Turkish Mosaic Lamp 小小藝術家 - 土耳其馬賽克燈							
Let's get crafty! Boost creativity and craftsmanship with our Turkish Mosaic Lamp workshop for little artists. Create unique artworks that are both beautiful and functional in daily life! 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手造出充滿異國色彩的土耳其馬賽克燈，將獨特藝術品帶入日常生活中！							
HVCM3	22/07 Sat 星期六	2:30p.m - 5:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$480 Guest 來賓: HK\$580	19	4 - 14	Cantonese / English 廣東話 / 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
<p>Little Artist - Bath Bomb 小小藝術家 - 沐浴氣泡彈</p> <p>Let's get crafty! Boost creativity and craftsmanship with our Bath Bomb workshop for little artists. Create unique artworks that are both beautiful and functional in daily life! 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手製作芬香又夢幻的沐浴氣泡彈，將獨特又實用的藝術品帶入日常生活中！</p>							
HVCM4	29/07 Sat 星期六	2:30p.m - 4:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$480 Guest 來賓: HK\$580	19	4 - 14	Cantonese / English 廣東話 / 英語
<p>Little Artist - Alcohol Ink Planet Speaker Lamp 小小藝術家 - 壓花小燈</p> <p>Let's get crafty! Boost creativity and craftsmanship with our Alcohol Ink Planet Speaker Lamp workshop for little artists. Create unique artworks that are both beautiful and functional in daily life! 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手造出酒精墨水星球喇叭燈，將獨特又實用的藝術品帶入日常生活中！</p>							
HVCM5	05/08 Sat 星期六	11:00am - 12:30pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$400 Guest 來賓: HK\$480	19	4 - 14	Cantonese / English 廣東話 / 英語
<p>Little Artist - Alcohol Ink Coaster 小小藝術家 - 酒精墨水隨行杯</p> <p>Let's get crafty! Boost creativity and craftsmanship with our Alcohol Ink Coaster workshop for little artists. Create unique artworks that are both beautiful and functional in daily life! 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手造出美麗又實用的酒精墨水杯墊，將獨特藝術品帶入日常生活中！</p>							
HVCM6	12/08 Sat 星期六	11:00am - 12:30pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$250 Guest 來賓: HK\$300	19	4 - 14	Cantonese / English 廣東話 / 英語
<p>Little Artist - Neon Light with Painting 小小藝術家 - 霓虹燈牌連油畫</p> <p>Let's get crafty! Boost creativity and craftsmanship with our Neon Light with Painting workshop for little artists. Create unique artworks that are both beautiful and functional in daily life! 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手製作絢爛又獨特的霓虹燈牌連油畫，將獨特藝術品帶入日常生活中！</p>							
HVCM7	19/08 Sat 星期六	11:00am - 1:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$515 Guest 來賓: HK\$620	19	4 - 14	Cantonese / English 廣東話 / 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Little Artist - Moon Mirror 小小藝術家 - 月亮鏡子							
Let's get crafty! Boost creativity and craftsmanship with our Moon Mirror workshop for little artists. Create unique artworks that are both beautiful and functional in daily life! 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手造出浪漫又實用的月亮鏡子，將獨特藝術品帶入日常生活中！							
HVCM8	26/08 Sat 星期六	11:00am - 1:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$400 Guest 來賓: HK\$480	19	4 - 14	Cantonese / English 廣東話 / 英語
Little Merrymaker - Balloon Twisting - For Beginners 小娛樂家 - 造型氣球(基礎班)							
Learn balloon twisting basics with us! We'll teach you the loop twist and lock twist techniques to make simple designs like dogs, swords, and flowers. We'll also assist with inflating and knot tying. Join the fun! 氣球扭扭樂！在基礎班上，氣球設計師傳授扭動和鎖定氣球的秘訣，協助小朋友輕鬆扭出小狗、劍、花等造型，讓每一個作品也惟妙惟肖！							
HVJF1	21/07 Fri 星期五	11:30am - 12:30pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$500 Guest 來賓: HK\$600	15	4 - 7	Cantonese 廣東話
Little Merrymaker - Little Magician - For Beginners 小娛樂家 - 小小魔術師(基礎班)							
Get ready to be a magician! Learn the rules and secrets of magic using self-working props like the dice-bomb and magic drawers. Even younger kids can have fun. Soon, you'll amaze your friends and family! 成為小小魔術師！小朋友將學懂巧妙運用簡易的魔法道具，如骰子炸彈、魔法抽屜等，解開魔術的神秘面紗。即使年紀輕輕也能化身小魔術師，並讓親朋好友驚嘆不已！							
HVJF2	21/07 Fri 星期五	2:00pm - 3:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$500 Guest 來賓: HK\$600	15	4 - 7	Cantonese 廣東話
Little Merrymaker - Balloon Twisting - For Intermediates 小娛樂家 - 造型氣球(進階班)							
Unleash your creativity with balloon twisting! Learn basic and intermediate techniques and create Spiderman and Princess designs with multiple balloons. 氣球扭扭樂！在進階班上，跟着氣球設計師學習更多的扭氣球技巧，讓蜘蛛俠、公主等卡通人物在你手中誕生，釋放你的創造力！							
HVJF3	12/08 Sat 星期六	2:00pm - 3:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$500 Guest 來賓: HK\$600	15	8 - 12	Cantonese 廣東話



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
<p>Little Merrymaker - Little Magician - For Intermediates 小娛樂家 - 小小魔術師(進階班)</p> <p>Get ready to join the magician intermediates class! Learn the rules and secrets of magic, also the basis of magic theory such as sleight of hand & misdirection. Even younger kids can have fun and perform simple but amazing card & coin tricks after the session. Soon, you'll amaze your friends and family by doing magic everyday even with rubber bands and straws! 參加小小魔術師(進階班)!小朋友會學習成為魔術師的基礎、秘密、規則等,以及魔術理論基礎,如手法和誤導。即使年紀輕輕也能表演簡單而令人驚嘆的紙牌和硬幣魔術,及如何用橡皮筋、吸管等日常用品變魔術。並讓親朋好友驚嘆不已!</p>							
HVJF4	18/08 Fri 星期五	2:00pm - 3:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$500 Guest 來賓: HK\$600	15	8 - 12	Cantonese 廣東話
<p>Music and Movement, Sensory Play - Wanderer (Class A) 親子音樂、運動及感官探索班 - 小探索家(A班)</p> <p>Join the fun with Zumbini@! Experience upbeat music and body movements during circle time as your child explores different textures through open-ended sensory activities. One adult per child in this 60-minute accompanied class. 享樂「舞」極限!Zumbini@感官之旅讓家長與小朋友在歡樂明快的節奏下盡情起舞,感受肢體運動的樂趣,亦讓小朋友探索日常生活中的不同材質。課堂歡迎一位家長陪伴小朋友上課。</p>							
HVCAS1	05/07 - 07/07 Wed to Fri 星期三至五	10:30am - 11:30am	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$1,500 Guest 來賓: HK\$1,800	8	1 - 2	English 英語
<p>Music and Movement, Sensory Play - Explorers (Class A) 親子音樂、運動及感官探索班 - 小冒險家(A班)</p> <p>Join the fun with Zumbini@! Experience upbeat music and body movements during circle time as your child explores different textures through open-ended sensory activities. One adult per child in this 60-minute accompanied class. 享樂「舞」極限!Zumbini@感官之旅讓家長與小朋友在歡樂明快的節奏下盡情起舞,感受肢體運動的樂趣,亦讓小朋友探索日常生活中的不同材質。課堂歡迎一位家長陪伴小朋友上課。</p>							
HVCAS2	26/07 - 28/07 Wed to Fri 星期三至五	10:30am - 11:30am	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$1,500 Guest 來賓: HK\$1,800	8	2 - 3	English 英語
<p>Music and Movement, Sensory Play - Wanderers (Class B) 親子音樂、運動及感官探索班 - 小探索家(B班)</p> <p>Join the fun with Zumbini@! Experience upbeat music and body movements during circle time as your child explores different textures through open-ended sensory activities. One adult per child in this 60-minute accompanied class. 享樂「舞」極限!Zumbini@感官之旅讓家長與小朋友在歡樂明快的節奏下盡情起舞,感受肢體運動的樂趣,亦讓小朋友探索日常生活中的不同材質。課堂歡迎一位家長陪伴小朋友上課。</p>							
HVCAS3	23/08 - 25/08 Wed to Fri 星期三至五	10:30am - 11:30am	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$1,500 Guest 來賓: HK\$1,800	8	1 - 2	English 英語



The Hilltop in The Valley

Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Music and Movement, Sensory Play - Explorers (Class B) 親子音樂、運動及感官探索班 - 小冒險家(B班)							
Join the fun with Zumbini@! Experience upbeat music and body movements during circle time as your child explores different textures through open-ended sensory activities. One adult per child in this 60-minute accompanied class. 享樂「舞」極限! Zumbini@感官之旅讓家長與小朋友在歡樂明快的節奏下盡情起舞, 感受肢體運動的樂趣, 亦讓小朋友探索日常生活中的不同材質。課堂歡迎一位家長陪伴小朋友上課。							
HVCAS4	23/08 - 25/08 Wed to Fri 星期三至五	3:00pm - 4:00pm	Ponies Range, Magic Valley 小馬大本營 奇妙山谷	Member 會員: HK\$1,500 Guest 來賓: HK\$1,800	8	2-3	English 英語

Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Visit Vitasoy Factory 參觀維他奶廠房							
Explore the power of plants with Vitasoy! With 80+ years of expertise, we'll guide your kids through the local history and production of soy products. Join us for a sustainable journey towards better health! 與維他奶一起探索植物的力量! 憑藉80多年的專業知識, 導賞員將引導小朋友們了解豆製品的歷史和生產過程, 踏進更健康的可持續旅程!							
HVVV FY	07/07 Fri 星期五	1:15pm - 5:15pm	Tuen Mun 屯門	Member 會員: HK\$150 Guest 來賓: HK\$180	50	6+	Cantonese 廣東話
Visit Yim Tin Tsai 參觀鹽田梓							
Enjoy a cultural and ecological visit to Yim Tin Tsai Village in Sai Kung. Visit salt fields and the scenic Catholic Church, Yim Tin Tsai Museum, and cultural relics showroom! 到西貢鹽田梓村享受一場文化和生態之旅。參觀島上著名的鹽田和風景優美的天主教堂, 鹽田梓博物館和文物陳列室亦不容錯過。							
HVVYTT	13/07 Thu 星期四	10:30am - 6:30pm	Sai Kung 西貢	Member 會員: HK\$450 Guest 來賓: HK\$540	50	4+	Cantonese 廣東話
Visit Garden Bakery Factory 參觀嘉頓麵包廠							
Discover one of Hong Kong's largest and most renowned bread makers at Garden Bakery. Watch the bread making process and join in workshops to make your own tasty bread! 嘉頓麵包是香港最大及家傳戶曉的麵包生產商之一。讓小朋友參觀麵包製作過程, 並在工作坊中製作自己專屬的美味麵包!							
HVVG FY	14/07 Fri 星期五	12:15pm - 5:15pm	Sham Tseng 深井	Member 會員: HK\$200 Guest 來賓: HK\$240	30	6+	Cantonese 廣東話



The Hilltop in The Valley



Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Adventure in Tai O 大澳歷奇探索							
<p>Explore one of Hong Kong's oldest and most renowned fishing villages at Tai O. Children can visit stilt houses, join salted egg drying workshops, and take a sightseeing boat to spot white dolphins in the Tai O River. 感受大澳的獨有魅力！大澳作為香港最古老與著名的漁村之一，小朋友可參觀特色棚屋，參與鹹蛋曬製工作坊，並乘坐觀光船到大澳河涌尋找白海豚。</p>							
HVAITO	16/07 Sun 星期日	12:00nn - 6:00pm	Tai O 大澳	Member 會員: HK\$460 Guest 來賓: HK\$552	40	4+	Cantonese 廣東話
Visit Civil Aviation Department - Education Path 參觀航空教育徑							
<p>Experience the aviation industry like never before at the Civil Aviation Department. Discover various aviation jobs and participate in a flight simulation experience that you won't forget! 親臨民航處感受前所未有的航空體驗！讓小朋友認識各項航空工作，並參與難忘的模擬飛行體驗！</p>							
HVVCAD	17/08 Thu 星期四	12:30pm - 5:00pm	Lantau island 大嶼山	Member 會員: HK\$180 Guest 來賓: HK\$216	40	6+	Cantonese 廣東話
Visit Yakult Factory 參觀益力多廠							
<p>Explore the Yakult factory and its history in a fun way! Join the factory tour for kids and see how the beloved drink is made. Book now for a unique and educational experience. 以有趣的方式探索益力多工廠及了解其歷史，讓小朋友們近距離觀看製作過程。</p>							
HVVYTF	18/07 Tue 星期二	12:15pm - 4:00pm	Tai Po 大埔	Member 會員: HK\$130 Guest 來賓: HK\$156	50	4+	Cantonese 廣東話
Visit Mai Po 參觀米埔自然護理區							
<p>Discover the beauty of wetland ecology on a walk along a pontoon bridge between mangroves, shrimp ponds, and mudflats. Watch birds in a bird-watching house with guidance from WWF ecologists. 在世界自然基金會生態導賞員的引領下，沿着紅樹林、蝦池與泥灘間的浮橋漫步，並於觀鳥屋中賞鳥，一同探索濕地生態之美。</p>							
HVVSMP	19/08 Sat 星期六	12:45pm - 5:00pm	Yuen Long 元朗	Member 會員: HK\$550 Guest 來賓: HK\$660	25	5+	Cantonese 廣東話



The Hilltop in The Valley



Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Visit Electrical and Mechanical Services Department 機電工程署教育徑導賞							
Discover EMSD's work and learn about energy efficiency and renewable energy technology at this green building complex. See real-life examples and gain valuable insights! 探索機電工程署，了解能源效益及可再生能源技術。在機電工程署的綠色建築群中實地考察，從生活實例中學習，獲益良多！							
HVEMSD2	08/08 Tue 星期二	1:00pm - 4:30pm	Kowloon Bay 九龍灣	Member 會員: HK\$200 Guest 來賓: HK\$240	30	6+	Cantonese 廣東話
Visit Kadoorie Farm and Botanic Garden 參觀嘉道理農場暨植物園							
Take a guided tour of Kadoorie Farm and Botanic Garden with an eco-interpreter to learn how to appreciate and care for nature responsibly. Engage in hands-on activities and deepen your love for the environment! 在生態導賞員帶領下參觀嘉道理農場暨植物園，學習以負責任的態度欣賞及愛護大自然。通過實踐，加深對環境的熱愛！							
HVYWBW1	25/07 Tue 星期二	12:30pm - 6:00pm	Tai Po 大埔	Member 會員: HK\$320 Guest 來賓: HK\$384	40	4+	Cantonese 廣東話
Visit FSD Premises 參觀消防處單位							
To be a firefighter is perhaps many kids' dream job. Visit the fire station and see the daily operation and equipment of firefighters. 召集立志成為消防員的小朋友，一同參觀消防局，進一步了解消防員的日常工作與裝備！							
HVSWFS1	15/07 Sat 星期六	1:45pm - 4:15pm	Sheung Wan 上環	Member 會員: HK\$180 Guest 來賓: HK\$216	40	6+	Cantonese 廣東話
Visit Society for Abandoned Animals 參觀保護遺棄動物協會							
Learn about the lives of abandoned animals and listen to their stories to understand the importance of learning to love and respect all creatures great and small! 了解被遺棄動物的生活，聆聽屬於牠們的故事，學會愛與尊重所有大小生命！							
HVVSAA1	11/07 Tue 星期二	12:45pm - 4:45pm	Yuen Long 元朗	Member 會員: HK\$280 Guest 來賓: HK\$336	20	4+	Cantonese 廣東話
Visit Hoi Ha Wan 參觀海下灣							
Explore the beauty of Hoi Ha Wan Marine Park, home to more than 60 coral and 120 fish species, through a glass-bottom boat! Visit the Marine Life Centre, appreciate marine resources and enjoy a colourful day! 乘坐玻璃底船探索海下灣海岸公園的美景，欣賞超過60種珊瑚和120種魚類；並於海洋生物中心，探索寶貴的海洋資源，發掘海下灣的迷人美態！							
HVVSHH1	29/07 Sat 星期六	8:30am - 1:00pm	Sai Kung 西貢	Member 會員: HK\$500 Guest 來賓: HK\$600	23	5+	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所

Stay Active 顯活力

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Skateboarding Fun (Kid Class) 滑板同樂日(兒童班)							
Thrill seekers learn to surf sidewalks, perform tricks and enjoy this action sport. Fee covers skateboard, protective gear, instruction and transport. 除踩滑板的技巧外，專業教練亦會教授滑板的文化和禮儀，培育學員成為滑板好手。費用已包括滑板租用、教練費用、保護裝備及交通費用。							
STSKATEK23	17/07 Mon 星期一	1:15pm - 4:45pm	Lai Chi Kok 荔枝角	Member 會員: HK\$930 Guest 來賓: HK\$1,110	18	6 - 10	Cantonese 廣東話
Sports Academy Training Course - Bowling Star (Class A) 運動學院 - 星級保齡球訓練(A班)							
Join star coach Wu Siu Hong in a fun-filled session where little players of all abilities will learn basic bowling techniques as well as tips to achieve a high score. The fee includes instruction, transportation, equipment and priority to participate the coming "Star Coach Event - Meet the Bowling Star "Wu Siu Hong" in September. Good opportunity of sharing his story and challenge him to a friendly match. 由保齡球星級教練胡兆康先生親自教授，學員將學習基本的保齡球技術、擊球得分技巧等。費用包括導師費、交通費、設備費及優先參與於9月份「與星級保齡球教練有約 - 胡兆康」之聚會，與他共享午宴及分享人生經歷，切磋球技。							
STBOW123	18/07 Tue 星期二	1:00pm - 4:00pm	Sha Tin 沙田	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	12	6 - 12	Cantonese 廣東話
Sports Academy Training Course - Basketball Training Course (Class B1) 運動學院 - 籃球課程(B1班)							
Jump, throw and score! Join our energetic and fast-paced basketball class where children can develop their skills while learning game strategy and teamwork. The fee includes equipment and instruction. 跳躍、投擲，得分！在這個充滿活力和速度的課程中，學習籃球技巧、策略和團隊合作。費用包括設備和導師費用。							
STBASKB123	12/07 - 14/07 Wed to Fri 星期三至五	10:00am - 11:15am	1/F Mini-Basketball Court 一樓迷你籃球場	Member 會員: HK\$900 Guest 來賓: HK\$1,100	8	5 - 8	Cantonese 廣東話
Sports Academy Training Course - Basketball Training Course (Class B2) 運動學院 - 籃球課程(B2班)							
Jump, throw and score! Join our energetic and fast-paced basketball class where children can develop their skills while learning game strategy and teamwork. The fee includes equipment and instruction. 跳躍、投擲，得分！在這個充滿活力和速度的課程中，學習籃球技巧、策略和團隊合作。費用包括設備和導師費用。							
STBASKB223	12/07 - 14/07 Wed to Fri 星期三至五	11:30am - 12:45pm	1/F Mini-Basketball Court 一樓迷你籃球場	Member 會員: HK\$900 Guest 來賓: HK\$1,100	8	9 - 12	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所

Stay Active 顯活力

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Indoor Snow Skiing Experience Day (Tour A) 室內滑雪體驗(A團)							
Get ready to hit the slopes like a pro! Our expert coaches will guide you in our ski or snowboard lessons as you experience the thrill of gliding down the snow. Fee covers snowboard, instruction, protective gear and transportation. 跟隨專業教練學習雙板滑雪或單板滑雪的技巧，成為滑雪好手。費用包括滑雪板租用、教練費用、防護設備費及交通。							
STSNOWA	24/07 Mon 星期一	1:15pm - 4:45pm	Kwai Chung 葵涌	Member 會員: HK\$1,400 Guest 來賓: HK\$1,680	15	8 - 14	Cantonese 廣東話
Indoor Snow Skiing Experience Day (Tour B) 室內滑雪體驗(B團)							
Get ready to hit the slopes like a pro! Our expert coaches will guide you in our ski or snowboard lessons as you experience the thrill of gliding down the snow. Fee covers snowboard, instruction, protective gear and transportation. 跟隨專業教練學習雙板滑雪或單板滑雪的技巧，成為滑雪好手。費用包括滑雪板租用、教練費用、防護設備費及交通。							
STSNOWB	08/08 Tue 星期二	1:15pm - 4:45pm	Kwai Chung 葵涌	Member 會員: HK\$1,400 Guest 來賓: HK\$1,680	15	8 - 14	Cantonese 廣東話
Learn Archery 學做神箭手							
Raise, aim, shoot! Learn all about archery as you build hand-eye coordination and develop muscle strength, at an indoor venue. The fee includes instruction, transportation, equipment and protective gear. 舉起，瞄準，射擊！在室內場地學習射箭技巧和知識，訓練小朋友的手眼協調能力並增強肌肉力量。學費已包括導師、交通、設備和防護裝備的費用。							
STARC23	26/07 Wed 星期三	1:15pm - 4:45pm	Lai Chi Kok 荔枝角	Member 會員: HK\$700 Guest 來賓: HK\$840	20	8 - 14	Cantonese 廣東話
Sports Academy Training Course - Bowling Star (Class B) 運動學院 - 星級保齡球訓練(B班)							
Join star coach Wu Siu Hong in a fun-filled session where little players of all abilities will learn basic bowling techniques as well as tips to achieve a high score. The fee includes instruction, transportation, equipment and priority to participate the coming "Star Coach Event - Meet the Bowling Star "Wu Siu Hong" in September. Good opportunity of sharing his story and challenge him to a friendly match. 由保齡球星級教練胡兆康先生親自教授，學員將學習基本的保齡球技術、擊球得分技巧等。費用包括導師費、交通費、設備費及優先參與於9月份「與星級保齡球教練有約 - 胡兆康」之聚會，與他共享午宴及分享人生經歷，切磋球技。							
STBOW223	01/08 Tue 星期二	1:00pm - 4:00pm	Sha Tin 沙田	Member 會員: HK\$1,200 Guest 來賓: HK\$1,440	12	6 - 12	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所

Stay Active 顯活力

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Sports Academy Training Course - Basketball Training Course (Class B3) 運動學院 - 籃球課程(B3班)							
<p>Jump, throw and score! Join our energetic and fast-paced basketball class where children can develop their skills while learning game strategy and teamwork. The fee includes equipment and instruction. 跳躍、投擲，得分！在這個充滿活力和速度的課程中，學習籃球技巧、策略和團隊合作。費用包括設備和導師費用。</p>							
STBASKB323	16/08-18/08 Wed to Fri 星期三至五	10:00am - 11:15am	1/F Mini-Basketball Court 一樓迷你籃球場	Member 會員: HK\$900 Guest 來賓: HK\$1,100	8	5 - 8	Cantonese 廣東話
Sports Academy Training Course - Basketball Training Course (Class B4) 運動學院 - 籃球課程(B4班)							
<p>Jump, throw and score! Join our energetic and fast-paced basketball class where children can develop their skills while learning game strategy and teamwork. The fee includes equipment and instruction. 跳躍、投擲，得分！在這個充滿活力和速度的課程中，學習籃球技巧、策略和團隊合作。費用包括設備和導師費用。</p>							
STBASKB423	16/08 -18/08 Wed to Fri 星期三至五	11:30am - 12:45pm	1/F Mini-Basketball Court 一樓迷你籃球場	Member 會員: HK\$900 Guest 來賓: HK\$1,100	8	9 - 12	Cantonese 廣東話
Skateboarding Fun (Youth Class) 滑板同樂日(青少年班)							
<p>Thrill seekers learn to surf sidewalks, perform tricks and enjoy this action sport. Fee covers skateboard, protective gear, instruction and transport. 除踩滑板的技巧外，專業教練亦會教授滑板的文化和禮儀，培育學員成為滑板好手。費用已包括滑板租用、教練費用、保護裝備及交通費用。</p>							
STSKATEY23	07/08 Mon 星期一	1:15pm - 4:45pm	Lai Chi Kok 荔枝角	Member 會員: HK\$930 Guest 來賓: HK\$1,200	18	11 - 15	Cantonese 廣東話
Lightsaber Fencing Training (Kid Class A) 光劍訓練班(兒童A班)							
<p>The Hong Kong Lightsaber Fencing Association promotes this new and fun sport based on the famous sci-fi movies. Participants learn to battle with lightsabers and develop a love for sports. 光劍擊劍運動取材自《星球大戰》電影情節，由香港光劍擊劍總會授權推廣。學員將學習光劍對戰的規則及如何使用光劍戰鬥。</p>							
STSABERKA	17/07 - 25/07 Mon to Tue 星期一至二	10:00am - 11:00am	1/F Sports Courts 一樓運動場	Member 會員: HK\$1,280 Guest 來賓: HK\$1,500	12	6 - 10	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所

Stay Active 顯活力

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Lightsaber Fencing Training (Youth Class A) 光劍訓練班(青少年A班)							
<p>The Hong Kong Lightsaber Fencing Association promotes this new and fun sport based on the famous sci-fi movies. Participants learn to battle with lightsabers and develop a love for sports.</p> <p>光劍擊劍運動取材自《星球大戰》電影情節，由香港光劍擊劍總會授權推廣。學員將學習光劍對戰的規則及如何使用光劍戰鬥。</p>							
STSABERYA	17/07 – 25/07 Mon to Tue 星期一至二	11:15am - 12:15pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$1,280 Guest 來賓: HK\$1,500	12	11 - 15	Cantonese 廣東話
Lightsaber Fencing Training (Kid Class B) 光劍訓練班(兒童B班)							
<p>The Hong Kong Lightsaber Fencing Association promotes this new and fun sport based on the famous sci-fi movies. Participants learn to battle with lightsabers and develop a love for sports.</p> <p>光劍擊劍運動取材自《星球大戰》電影情節，由香港光劍擊劍總會授權推廣。學員將學習光劍對戰的規則及如何使用光劍戰鬥。</p>							
STSABERKB	07/08 – 15/08 Mon to Tue 星期一至二	10:00am - 11:00am	1/F Sports Courts 一樓運動場	Member 會員: HK\$1,280 Guest 來賓: HK\$1,500	12	6 - 10	Cantonese 廣東話
Lightsaber Fencing Training (Youth Class B) 光劍訓練班(青少年B班)							
<p>The Hong Kong Lightsaber Fencing Association promotes this new and fun sport based on the famous sci-fi movies. Participants learn to battle with lightsabers and develop a love for sports.</p> <p>光劍擊劍運動取材自《星球大戰》電影情節，由香港光劍擊劍總會授權推廣。學員將學習光劍對戰的規則及如何使用光劍戰鬥。</p>							
STSABERYB	07/08 - 15/08 Mon to Tue 星期一至二	11:15am - 12:15pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$1,280 Guest 來賓: HK\$1,500	12	11 - 15	Cantonese 廣東話
Sports Academy Training Course - Taekwondo (Class A) 運動學院 - 跆拳道課程(A班)							
<p>Learn self-confidence, control and discipline with our Taekwondo classes! Our child-friendly dojang provides a safe and supportive environment for learning this martial art.</p> <p>學習跆拳道！在安全的運動場內，小朋友於鼓勵下學習傳統的韓國武術運動，並培養自信、自制力和紀律。</p>							
STTKDA	21/07 - 04/08 Every Fri 逢星期五	2:30pm - 3:30pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$750 Guest 來賓: HK\$900	10	6 - 12	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所

Stay Active 顯活力

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Sports Academy Training Course - Taekwondo (Class B) 運動學院 - 跆拳道課程(B班)							
Learn self-confidence, control and discipline with our Taekwondo classes! Our child-friendly dojang provides a safe and supportive environment for learning this martial art. 學習跆拳道！在安全的運動場內，小朋友於鼓勵下學習傳統的韓國武術運動，並培養自信、自制力和紀律。							
STTKDB	11/08 - 25/08 Every Fri 逢星期五	2:30pm - 3:30pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$750 Guest 來賓: HK\$900	10	6 - 12	Cantonese 廣東話
Jazz and Funky Class 兒童爵士舞課程							
Shake your body and make new friends with jazz and funky dance! 舞動身體！學習爵士舞的基本技巧，享受其中的樂趣，並可結交新朋友。							
STJFDANCE	27/07 - 17/08 Every Thu 逢星期四	3:00pm - 4:30pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$800 Guest 來賓: HK\$1,000	12	6 - 12	Cantonese 廣東話
Rope Skipping Class 花式跳繩班							
One rope, many fun activities! Learn rope-skipping games while developing coordination, concentration, observation, a sense of rhythm and balance by rope skipping. Let's jump! 一根繩子變出無限趣味！學習各種跳繩遊戲，訓練身體的協調性、注意力、觀察力、節奏感和平衡感。							
STRSC	19/07 - 09/08 Every Wed 逢星期三	10:00am - 11:00am	6/F Function Room 六樓宴會廳	Member 會員: HK\$1,200 Guest 來賓: HK\$1,400	12	6 - 12	Cantonese 廣東話
Football Fun 兒童足球班							
Take the field! Learn the game of football and get fit! 小朋友將學習足球運動的規則，初步掌握停、傳、帶、射的技巧，好玩之餘亦能強身健體！							
STFF	19/07 - 09/08 Every Wed 逢星期三	11:00am - 12:00nn	1/F Sports Courts 一樓運動場	Member 會員: HK\$1,200 Guest 來賓: HK\$1,400	12	6 - 12	Cantonese 廣東話



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
New Sports Academy – Molkky 新興運動學院 - 芬蘭木棋							
<p>Molkky used to train the muscle and hand-eye coordination. Participants also requested to apply different tactics according to different situation. 芬蘭木棋Molkky可以訓練手腳肌肉，以及手眼協調的能力。運用思考度較高，需因應局勢而採取不同的攻守戰術。</p>							
STNSMK	01/08-02/08 Tue to Wed 星期二至三	3:00pm - 4:30pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$600 Guest 來賓: HK\$720	12	6 - 12	Cantonese 廣東話
New Sports Academy - Dodgebee & Floor Curling 新興運動學院 - 躲避盤與地壺球							
<p>Experience and learn Dodgebee and floor curling in the camp. It is a fun sports that promotes teamwork and cooperation skills. 新興運動營中，將會教授兩款有趣的團隊運動。躲避盤與地壺球。躲避盤是結合閃避球的規則，用飛盤進行比賽；地壺球則由冰壺球演變而來。兩項運動均可培養團隊精神和合作技能。</p>							
STNSDF	08/08 - 16/08 Every Tue & Wed 逢星期二至三	3:00pm - 4:30pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$2,000 Guest 來賓: HK\$2,400	12	6 - 12	Cantonese 廣東話
New Sports Academy – Cornhole 新興運動學院 - 布袋球							
<p>Cornhole is a fund and exciting game that enhance hand-eye coordination and support overall balance. 布袋球能提高參加者的手眼協調能力及平衡力。</p>							
STNSCH	22/08 - 23/08 Tue to Wed 星期二至三	3:00pm - 4:30pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$600 Guest 來賓: HK\$720	12	6 - 12	Cantonese 廣東話
Laser Tag Battle Fun 雷射模擬槍戰							
<p>Experience the thrill of Laser Tag, a fast-paced shooting game with different gun modes, shields and teams to mix and match. Power up and get ready to play! 雷射模擬槍戰是節奏明快的射擊遊戲！具有不同的槍械模式、盾牌和團隊混合搭配。</p>							
STLTBF	09/08 Wed 星期三	3:00pm - 5:00pm	Kwai Chung 葵涌	Member 會員: HK\$500 Guest 來賓: HK\$600	20	6 - 12	Cantonese 廣東話



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Kids Climbing Class 兒童攀石課程							
<p>Every step counts! This climbing course teaches climbing skills, responsibility and concentration through rock climbing. It trains limb coordination and flexibility, and provides a fun experience. 課程教授小朋友攀爬技巧，有助培養責任感、提升專注力、克服困難及失敗等各種經驗。學習攀岩技巧，有趣之餘更可增強四肢協調能力和靈活性，同時訓練團隊精神，啟發潛能和體驗攀石樂趣。</p>							
STCLIMBK	04/07-06/07 Tue & Thu 星期二至四	1:30pm - 4:30pm	Shatin 沙田	Member 會員: HK\$1,500 Guest 來賓: HK\$1,800	10	8 - 12	Cantonese 廣東話
Children Pilates Matwork Class 兒童蓆上普拉提班							
<p>Pilates boosts flexibility, balance and stability for teenagers, which is important during their growing years and can reduce stress and anxiety. 普拉提可以增強身體的柔韌性、平衡性和穩定性，對於成長過程很重要。運動過程中，更可減輕壓力和焦慮，促進身心健康。</p>							
STCPM	27/07 -17/08 Every Thu 逢星期四	5:00pm - 6:00pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$600 Guest 來賓: HK\$720	12	10+	Cantonese 廣東話
Balance Bike Experience 平衡車初體驗							
<p>Get on a balance bike! Balance bikes can improve children's physical balance and enhance muscle development and adaptability. 平衡車可以提高小朋友身體平衡能力和靈活性，增強肌肉發展和適應能力。</p>							
STBBE	21/07 Fri 星期五	8:00am -11:30am	Tsuen Wan 荃灣	Member 會員: HK\$850 Guest 來賓: HK\$1,000	16	2 - 5	Cantonese 廣東話
Group Swimming Classes 團體游泳訓練班							
<p>Learning to swim is fun and easy! Dive into swimming with our small classes and expert instructors. Learn stroke techniques, endurance, starts, and turns with focused attention in small class sizes. 在游泳訓練營裏學習不同的泳式、入水和轉身技巧，改善游泳姿勢，繼而提升速度和耐力。</p>							
S701 - S821	03/07 - 27/08 Sun to Fri 星期日至五	10:45am - 8:00pm	1/F Swimming Pool 一樓游泳池	Member 會員: HK\$1,120 - HK\$1,710	N/A 不適用	3 - 12	Cantonese / English 廣東話 / 英語
<p>Click here to view group swimming class timetable. 按此瀏覽團體游泳訓練班時間表(只提供英文版)</p>							



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Private Swimming Classes 私人游泳訓練班							
Take your swimming skills to the next level with private lessons at Sha Tin Clubhouse. Our one-on-one class provides tailored instruction to help you achieve your goals in the water. Contact our Sports and Leisure Team at 2966 6524 for more information. 沙田會所的一對一私人游泳課程，由專業教練提供度身定制的指導，有助提升學員的游泳技能。詳情請致電2966 6524康樂辦事處查詢。							
STSWPP	03/07 – 27/08 Mon to Sat 星期一至六	9:00am - 9:00pm	1/F Swimming Pool 一樓游泳池	Member 會員: HK\$740 / hour	1	3+	Cantonese / English 廣東話 / 英語

Smart Talent 展才能

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Little Chef Academy – Chinese Dim Sum 小廚神學院 - 中式點心							
Discover the art of making Chinese dim sum with our Chef's guidance! Each day the workshop covers a different dish: siu mai, shrimp dumplings, and barbecued pork bun. Bring your creations home to share! 小朋友在主廚的指導下學習製作中式點心的藝術！工作坊每天教授不同的點心製作，有燒賣、蝦餃和雪山叉燒包，成品可帶回家中與家人共享。							
STCHLCA1	12/07 – 14/07 Wed to Fri 星期三至五	3:00pm - 4:30pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$1,200 Guest 來賓: HK\$1,400	15	6 - 12	Cantonese 廣東話
Toddlers Exploring World 寶寶探索世界							
Prepare your toddler for kindergarten with our engaging classes led by experienced instructors! Enhance their social, intellectual, spiritual, and physical development through songs, games, and creative activities. 為小朋友上幼稚園做好準備！由經驗豐富的老師帶領幼兒唱歌、玩遊戲和進行創意活動，促進小朋友的社交、智力、心靈和身體發展。							
STTEWORLD	31/07 Mon 星期一	9:15am - 10:15am	2/F Indoor Play Zone 二樓室內兒童遊樂區	Member 會員: HK\$500 Guest 來賓: HK\$620	8	1.5 - 3	Cantonese / English 廣東話 / 英語
Ready to School 學前預備班							
Enjoy fun activities such as storytelling, role-play led by experienced instructors to boost development and prepare toddlers 1.5 to 3 years old for kindergarten. 專為歲半至三歲準備上幼稚園的幼兒而設。課程由經驗豐富的導師帶領，以有趣的活動如講故事、角色扮演和各種遊戲，讓小朋友學習日常對話和融入群體生活。							
STTSCHOOL	25/07 – 03/08 Tue & Thu 星期二及四	9:15am - 10:15am	2/F Indoor Play Zone 二樓室內兒童遊樂區	Member 會員: HK\$2,200 Guest 來賓: HK\$2,400	8	1.5 - 3	Cantonese / English 廣東話 / 英語



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Little Chef Academy – Earl Grey Bakery Workshop 小廚神學院 - 伯爵烘焙工作坊							
Join our Earl Grey Bakery Workshop and learn how to make delicious Earl Grey Tea flavoured British scones with fruit jam! The fee includes enough ingredients to make 8 pieces of scones. Learn a new skill and enjoy a tasty treat! 學習製作令人垂涎的伯爵茶味英式鬆餅和果醬，解鎖甜品新技能！費用包括八件鬆餅。							
STBEGBW	16/08 Wed 星期三	3:30pm - 5:00pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$560 Guest 來賓: HK\$680	15	6 - 12	Cantonese 廣東話
K-Pop Dancing Class 兒童K-Pop跳舞班							
Master the fundamentals of K-pop dance and groove to the beat with various moves. Dance like a star! 從學習K-Pop的基礎舞步開始，讓身體隨着節奏跳出不同舞步。							
STKPDG	19/07 – 09/08 Every Wed 逢星期三	9:00am - 10:00am	6/F Function Room 六樓宴會廳	Member 會員: HK\$1,200 Guest 來賓: HK\$1,400	12	3 - 6	Cantonese 廣東話
Adventure Challenge Experience 歷奇訓練營							
Join this adventure camp to boost your communication and teamwork skills through a variety of fun rope courses and other team-building activities! Coaching, transport and lunch included. 加入奇妙的歷奇冒險營！通過有趣的繩網挑戰陣來提高小朋友的溝通技巧和團隊合作能力！費用包括導師費、交通費和午餐費。							
STADV23	14/07 Fri 星期五	10:00am - 6:00pm	Tai Po 大埔	Member 會員: HK\$980 Guest 來賓: HK\$1,180	30	8 - 12	Cantonese 廣東話
Be a Little Actor 做個小小演員							
Learn performance skills and become more expressive! Through role-playing, flashcards, music and videos children learn vocabulary and sentence patterns. Topics include shopping, careers, sports, food, interests, animals, transportation, etc. 導師將運用不同教材（如字卡、音樂和影片），透過角色扮演涵蓋各式主題（包括購物、職業、運動、食物、興趣、動物、交通等），讓幼兒學習實用的詞彙和句式！							
STBLA	07/08 – 11/08 Every Mon, Wed & Fri 逢星期一、三、五	9:00am - 10:00am	2/F Indoor Play Zone 二樓室內兒童遊樂區	Member 會員: HK\$1,050 Guest 來賓: HK\$1,260	15	3 - 5	Cantonese 廣東話



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Youth Personal Fitness Class 青少年私人健體班							
Customized fitness classes designed for teenagers that include individualized instruction, personalized fitness plans, and dietary recommendations to help achieve specific fitness goals. 打造私人健身課程！專為青少年設計的「一對一」健身計劃，根據學員的身體狀況、健身目標，制定健身計劃和飲食建議，實現健身目標！							
STYPFS	01/07 – 31/08 By Appointment 需預約	7:00am - 10:00pm	2/F Gym 二樓健身室	Member: 1 on 1: HK\$815 / session; 1 on 2: HK\$500 /session /person Guest: 1 on 2: HK\$600 /session /person 會員: 1對1: 港幣\$815 / 節; 1對2: 港幣\$500 /節 /位 來賓: 1對2: 港幣\$600 /節 /位	10	8+	Cantonese 廣東話
Children Posture Correction Workshop 兒童姿勢矯正工作坊							
Right from the start! Identify posture issues and correct them through muscle strengthening, stretching, and exercises to increase flexibility. 糾正姿勢！從小開始認識正確姿勢，幫助小朋友通過肌肉強化、伸展和鍛煉來糾正姿勢問題，提高身體靈活性。							
STPCPW	18/08 Fri 星期五	10:00am - 11:30am	1/F Sports Courts 一樓運動場	Member 會員: HK\$200 Guest 來賓: HK\$240	12	8+	Cantonese 廣東話
Little Chef Academy – Family Bread Making Workshop 小廚神學院 - 親子麵包烘焙工作坊							
Make your own delicacies! Join your child and together learn traditional Hong Kong-style bread-making with professional chefs. Includes pineapple buns and sausage buns to take home and enjoy! 自家製美食！家長與小朋友一起由專業廚師指導，學習傳統港式麵包製作，包括菠蘿包和腸仔包，並帶回家享用。							
STCHLCA3	19/07 Wed 星期三	3:00pm - 4:30pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$750 Guest來賓: HK\$900 (One adult & one kid) (包括1位成人及1位小童)	8 pair 8對組合	6 - 12	Cantonese 廣東話
Little Chef Academy – Western Dessert 小廚神學院 - 西式甜品							
Join a professional pâtissier for a 3-day workshop and learn to make delicious Western desserts such as serradura pudding, tiramisu, and lemon tart. Take home your creations to share with family and friends! 跟隨專業糕點師在為期三天的工作坊中，學習製作美味的西式甜點，包括木糠布甸、意大利芝士蛋糕和檸檬撻，並將你的作品帶回家中與親朋好友分享！							
STCHLCA4	08/08 – 10/08 Tue to Thu 星期二至四	3:00pm - 4:30pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$1,200 Guest 來賓: HK\$1,400	15	6 - 12	Cantonese 廣東話



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Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Western Dining Etiquette for Kids 兒童西式餐桌禮儀							
Little ladies and gentlemen will learn practical dining etiquette skills through an interactive program led by etiquette pro Mr. Desmond So. 讓小朋友們成為小淑女和小紳士吧！禮儀專家蘇頌輝先生從理論到實踐，教授小朋友畢生受用的西方餐桌禮儀。							
STWDE	16/08 Wed 星期三	10:30am - 1:00pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$1,780 Guest 來賓: HK\$1,950	15	8 - 12	Cantonese 廣東話

Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Make Your Own Clay Music Box 創意黏土音樂盒							
Every child should have a music box! Make a unique music box using clay and learn the fundamentals of clay moulding techniques with a skilled instructor. 在導師的指導下，小朋友將學習黏土勞作的基本應用技巧，製作出具創意兼獨一無二的專屬音樂盒。							
STCLAY	18/07 Tue 星期二	11:00am - 12:30pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$500 Guest 來賓: HK\$600	20	6 - 14	Cantonese 廣東話
Aromatherapy Flower Pot Workshop 擴香石保鮮花盆栽工作坊							
Create your own unique aromatherapy flower pot and bring it home to add a touch of color to your life! 製作獨一無二的香薰擴香石保鮮花盆栽，為家居添上迷人香氣！							
STPOT	28/07 Fri 星期五	2:00pm - 4:00pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$500 Guest 來賓: HK\$600	20	6 - 12	Cantonese 廣東話
Moon Mirror with Light 發光月亮鏡子							
Get creative with clay and sand! Design a moon mirror with light under an instructor's guidance. Book now for a unique and fun experience. 發揮創意！在導師指導下學習黏土基本應用技巧，並利用沙子製作出會發光的月亮鏡子。							
STMOON	02/08 Wed 星期三	1:30pm - 3:30pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$600 Guest 來賓: HK\$700	20	6 - 14	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所

Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Alcohol Ink Workshop - 3D Bear Money Bank 酒精墨工作坊 - 熊仔錢箱							
Decorate a 3D bear money bank using a special brush and get creative with our alcohol ink workshop! Book now for a fun and unique experience. 探索藝術世界！了解酒精墨水及基本應用技巧，使用專用畫筆，繪製屬於自己的3D立體熊仔錢箱。							
STBEAR	15/08 Tue 星期二	1:00pm - 2:30pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$580 Guest 來賓: HK\$680	20	6 - 14	Cantonese 廣東話
Alcohol Ink Workshop - Galaxy Lamp with Speaker 酒精墨工作坊 - 星球燈連擴音器							
Discover alcohol ink with our workshop! Paint and decorate a galaxy lamp with a special brush, guided by our instructor. The lamp has an in-built speaker so you can listen to music and explore your creativity. 探索藝術世界！了解酒精墨水及基本應用技巧，使用專用畫筆，裝飾你的星球燈擴音器。							
STLAMP23	15/08 Tue 星期二	2:45pm - 4:15pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$580 Guest 來賓: HK\$680	20	6 - 14	Cantonese 廣東話
Mosaic Lamp Workshop 土耳其馬賽克燈工作坊							
Unleash your creativity and craftsmanship with our Mosaic Lamp workshop! Regardless of your age, you can create a unique artwork that is both beautiful and functional, and enhances the atmosphere of your home. 讓小朋友發揮藝術創意，製作出獨一無二的馬賽克燈，為家居帶來既美觀又實用的藝術品。							
STARTLIGHT	08/08 Tue 星期二	10:00am - 12:00nn	6/F Function Room 六樓宴會廳	Member 會員: HK\$680 Guest 來賓: HK\$780	15	6 - 14	Cantonese 廣東話
Star Flower Workshop 星之花工作坊							
Use simple weaving art skills under creative guidance to create colourful star flower-shaped artworks. This relaxing activity provides a creative outlet for the mind. Explore a new art form! 齊來探索新的藝術形式！星之花的製作是運用編織的簡單繞線動作，體驗療癒的正念狀態，有助放鬆心靈，為思想提供一個創造性的出口。							
STSF	17/08 Thu 星期四	11:00am - 1:00pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$400 Guest 來賓: HK\$480	12	6 - 14	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所

Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Experience in Fluid Art Painting 流體畫藝術初體驗							
<p>“Fluid Art” is a form of trendy abstract art that use acrylic paints with runny (fluid) consistency. The acrylic paints with each other when combined together to make interesting and visually organic motifs. It can release stress and a kind of relaxation. This type of art is fun for all ages.</p> <p>流體藝術是近年流行的藝術創作方式，創作者可透過顏料在畫布上流動與塑膠彩互相混合的藝術創作，不但能感受到製作過程的隨性，同時，於觀察顏料在過程中的變化，感受到心靈輕鬆，是一種既減壓又療癒的創作方式，適合任何年齡人士參加。</p>							
STEFAP	18/08 Fri 星期五	11:00am - 1:00pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$400 Guest 來賓: HK\$480	12	6 - 14	Cantonese 廣東話
Orgonite Crystal Energy Tower 水晶能量塔							
<p>Select from a range of 30 materials, such as colors, crystals, and metals, to craft a distinctive tower that complements your preferred accessories. By the end of the workshop, you will have fashioned a stunning and distinctive crystal energy tower that can infuse your home or work environment with positive energy.</p> <p>工作坊提供超過30種款不同顏色的水晶或金屬配件，讓學員因應所需能量，製作獨一無二的專屬水晶能量塔，既可以點綴家居或工作空間，又可注入正面的能量。</p>							
STOCET	24/08 Thu 星期四	11:00am - 1:00pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$800 Guest 來賓: HK\$1,060	19	6 - 12	Cantonese 廣東話
Natural Perfume Modulation DIY Workshop 全天然香水調製DIY工作坊							
<p>Create your own all-natural fragrance while learning about the history and types of perfume. This workshop is perfect for fragrance enthusiasts looking to expand their knowledge and create a signature scent.</p> <p>創造屬於自己的純天然香水！這個工作坊非常適合香水愛好者，既可了解香水的歷史和類型，增長對香水的知識，亦可創作屬於自己獨有的香氣。</p>							
STNPMDW	11/08 Fri 星期五	7:00pm - 9:00pm	1/F Studio 一樓習藝室	Member 會員: HK\$850 Guest 來賓: HK\$1,020	19	10+	Cantonese 廣東話
Green Plant DIY Workshop 手作水培長青植物盆景							
<p>Experience the joy of creating a one-of-a-kind bonsai in a personalized pot while learning the unique method of growing plants in water instead of soil.</p> <p>創作富個人色彩的盆景擺設！利用色彩繽紛的陶粒創造獨一無二的盆景花盆，並學習將泥種植物轉移於水中栽種。</p>							
STGPDW	01/08 Tue 星期二	11:00am - 12:30pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$650 Guest 來賓: HK\$780	19	12+	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所

Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Natural Dyeing Experience 天然植物染初體驗							
Create your own handicrafts! Learn traditional indigo dyeing and natural plant printing techniques. Fee includes instruction, transportation and materials. 創造自己的手工藝品！學習傳統藍染工藝和天然植物印染技術。費用包括導師費、交通費和材料費。							
STDYE	03/08 Thu 星期四	2:30pm - 4:30pm	Shek Kip Mei 石硤尾	Member 會員: HK\$780 Guest 來賓: HK\$880	12	6+	Cantonese 廣東話
Resin Ocean Art Workshop 環保海洋沙畫工作坊							
Learn to create beautiful sand paintings! Discover the principles, methods and unique features of texture painting with our professional instructors while using eco-friendly natural materials. 利用環保海洋沙學做沙畫！專業導師教授肌理繪畫的原理和方法，製作美麗又環保的藝術作品。							
STROAWS	10/07 Mon 星期一	3:00pm - 5:00pm	6/F Function Room 六樓宴會廳	Member 會員: HK\$450 Guest 來賓: HK\$540	15	8+	Cantonese 廣東話

Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Be a Little Pilot - Flight Simulate Experience (Class A) 做個小機師 - 模擬駕駛體驗(A班)							
Little pilots can try their hand as a Tecnam P2006T pilot! Kids get a briefing about basic flight theory and controls and then it's into the flight simulator for a demo. Kids also receive a certificate. 成為小機師！小飛行員坐上模擬P2006T民航駕駛倉，由專業機師教授基本飛行技巧，從而享受飛行樂趣。學員完成活動後會獲頒發證書。							
STFLIGHTA23	21/07 Fri 星期五	1:45pm - 6:00pm	Lai Chi Kok 荔枝角	Member 會員: HK\$1,400 Guest 來賓: HK\$1,680	16	6 - 12	Cantonese 廣東話
Be a Little Pilot - Flight Simulate Experience (Class B) 做個小機師 - 模擬駕駛體驗(B班)							
Little pilots can try their hand as a Tecnam P2006T pilot! Kids get a briefing about basic flight theory and controls and then it's into the flight simulator for a demo. Kids also receive a certificate. 成為小機師！小飛行員坐上模擬P2006T民航駕駛倉，由專業機師教授基本飛行技巧，從而享受飛行樂趣。學員完成活動後會獲頒發證書。							
STFLIGHTB23	18/08 Fri 星期五	1:45pm - 6:00pm	Lai Chi Kok 荔枝角	Member 會員: HK\$1,400 Guest 來賓: HK\$1,680	16	6 - 12	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所



Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Tree Climbing Fun 攀樹體驗日							
Looking for a fun family activity that benefits both body and mind? Try tree climbing! Connect with nature intimately and learn to coexist with the environment. A unique and rewarding experience. 攀樹體驗既可與大自然親密接觸，又可以學習與大自然共處，是有益身心又有趣的家庭活動。							
STTREE23	17/08 Thu 星期四	1:15pm - 4:30pm	Tai Po 大埔	Member 會員: HK\$850 Guest 來賓: HK\$960	20	6 - 12	Cantonese 廣東話
Monument Adventure Fun 古蹟探索隊							
Participants will be divided into "Adventure Team" with different mission to be assigned. Will get to know the stories of various kinds of historic monuments and buildings through this adventure journey. "Adventure Team" is required to complete the mission via teamwork and communication. After the journey, not only know more about Hong Kong culture, but also enhance the team spirit and problem-solving skill as well. 教練會將參加者分為「探索小隊」，並且委派不同的任務，於探索各種不同的香港歷史古蹟，不但可以認識每個古蹟背後的故事，亦可以於探索旅程中，透過跟隊員分工合作和互相溝通，尋找當中完成任務的答案。既可認識香港歷史古蹟文化，又可訓練團隊合作精神、提升解難能力。							
STMVF	03/08 - 04/08 Thu to Fri 星期四至五	9:30am - 5:00pm	Off-site 外出活動	Member 會員: HK\$1,800 Guest 來賓: HK\$2,000	20	6 - 12	Cantonese 廣東話
Cultural Tour at Lai Chi Wo 荔枝窩文化遊							
Discover the stunning biodiversity of Lai Chi Wo village and Geopark and enjoy a delicious lunch in Kat O with our guided tour! Fee includes transportation, meal and an experienced tour guide. 到訪荔枝窩村探索客家文化遺產，遊覽世界地質公園並認識生物的多樣性。午膳將品嚐吉澳地道風味菜式。費用已包括導遊費、交通費及膳食費。							
STLCWT	22/08 Tue 星期二	9:00am - 5:00pm	Lai Chi Wo 荔枝窩	Member 會員: HK\$850 Guest 來賓: HK\$960	30	6+	Cantonese 廣東話
Fun Fun Tour at LEGOLAND® Discovery Centre (Tour A) 遊玩樂高®探索中心 (A團)							
Experience ultimate fun with your family at LEGOLAND® Discovery Centre Hong Kong - an indoor playground with 10 attractions and activity zones designed for children! 與家人一起到香港樂高®探索中心，享受終極樂趣！由成千上萬塊樂高®積木打造的超級室內遊樂場，內設十個專為兒童而設的主題區，提供最富啟發的遊玩體驗。							
STFTLDCA	25/07 Tue 星期二	2:00pm - 5:00pm	Tsim Sha Tsui 尖沙咀	Member 會員: HK\$600 Guest 來賓: HK\$720	30	4+	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所



Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Fun Fun Tour at LEGOLAND® Discovery Centre (Tour B) 遊玩樂高®探索中心 (B團)							
<p>Experience ultimate fun with your family at LEGOLAND® Discovery Centre Hong Kong - an indoor playground with 10 attractions and activity zones designed for children!</p> <p>與家人一起到香港樂高®探索中心，享受終極樂趣！由成千上萬塊樂高®積木打造的超級室內遊樂場，內設十個專為兒童而設的主題區，提供最富啟發的遊玩體驗。</p>							
STFTLDCB	10/08 Thu 星期四	2:00pm - 5:00pm	Tsim Sha Tsui 尖沙咀	Member 會員: HK\$600 Guest 來賓: HK\$720	30	4+	Cantonese 廣東話
A Night in the Wild 夜探叢林美							
<p>Experience a nighttime trek in Sai Kung Country Park with expert coaches. Young explorers can test their skills with a fun solo challenge in the dark. Fee includes instruction, transportation and a meal.</p> <p>化身小冒險家！在教練帶領下，於西貢郊野公園進行夜間徒步旅行，在黑暗中完成有趣的單人挑戰，學習不同的行山技巧及野外知識！費用包括導師費、交通費和膳食費。</p>							
STNIGHT	15/08 Mon 星期二	5:30pm - 10:00pm	Sai Kung 西貢	Member 會員: HK\$700 Guest 來賓: HK\$840	30	8+	Cantonese 廣東話
Fire Station Visit 參觀沙田消防局							
<p>Explore the daily operations and equipment used by firefighters at Shatin Fire Station. Learn about fire safety and prevention.</p> <p>召集立志成為消防員的小朋友，一同參觀沙田消防局，進一步了解消防員的日常工作與裝備！</p>							
STFIRE	28/07 Fri 星期五	1:30pm - 4:00pm	Shatin Fire Station 沙田消防局	Member 會員: HK\$350 Guest 來賓: HK\$420	30	6+	Cantonese 廣東話
Visit Cup Noodles Museum Hong Kong (Tour A) 合味道紀念館之旅(A團)							
<p>Explore the production process of Cup Noodles, Demae Iccho and Granola at an interactive museum. Personalize your own versions of these products and take them home as souvenirs!</p> <p>展開一場美食之旅！於合味道紀念館認識合味道杯麵、出前一丁和燕麥脆片的生產過程。參加者更可製作自己的食品帶回家珍藏。</p>							
STCNVA	28/07 Fri 星期五	2:45pm - 6:30pm	Tsim Sha Tsui 尖沙咀	Member 會員: HK\$600 Guest 來賓: HK\$720	24	6+	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所



Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Visit Cup Noodles Museum Hong Kong (Tour B) 合味道紀念館之旅(B團)							
<p>Explore the production process of Cup Noodles, Demae Iccho and Granola at an interactive museum. Personalize your own versions of these products and take them home as souvenirs! 展開一場美食之旅！於合味道紀念館認識合味道杯麵、出前一丁和燕麥脆片的生產過程。參加者更可製作自己的食品帶回家珍藏。</p>							
STCNVB	11/08 Fri 星期五	2:45pm - 6:30pm	Tsim Sha Tsui 尖沙咀	Member 會員: HK\$600 Guest 來賓: HK\$720	24	6+	Cantonese 廣東話



Competitions 競技比賽

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Swimming Gala 2023 水運會2023							
<p>Join the annual Swimming Gala at Beas River Country Club on 19 August! Swimmers of all levels are welcome to compete for the age-group champion trophies. Who will win? To find out, see you there! 今年冠軍誰屬？一年一度的水運會將於8月19日在雙魚河鄉村會所舉行。歡迎各級游泳健將角逐年齡組別賽的冠軍獎杯！</p>							
STSWGALA	19/08 Sat 星期六	9:00am - 6:00pm	Swimming Pool, BRCC 雙魚河鄉村會所泳池	Member 會員: HK\$120 / event項目	N/A 不適用	All 所有	Cantonese 廣東話
Summer Sports Competition - Youth Table Tennis Competition 2023 暑期運動大激鬥 - 青少年乒乓球比賽2023							
<p>Join our friendly summertime table tennis competition! Children of all levels are welcome to grab a paddle and join in. Make it a family affair by signing up for the Parent-Child Doubles tournament. 夏季乒乓球比賽設有兒童分齡賽及「兒童親子雙打」比賽，由乒乓球總會合資格人士擔任裁判，適合一家大小參與。</p>							
STTOCT	04/08 Fri 星期五	10:00am - 5:00pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$150 / person位	40	6 - 15	Cantonese 廣東話
Summer Sports Competition - Youth 3 x 3 Basketball Tournament 2023 暑期運動大激鬥 - 青少年 3 x 3 籃球比賽 2023							
<p>Inviting basketball enthusiasts to participate in the youth 3x3 basketball tournament, where you can showcase your basketball skills and also get to know new friends who share the same passion for basketball. 誠邀籃球愛好者參與青少年 3 x 3 籃球比賽，切磋球技的同時，更可認識到一班熱愛籃球的新朋友。</p>							
STYBT	14/08 Mon 星期一	2:30pm - 5:00pm	1/F Mini Basketball Court 一樓迷你籃球場	Member 會員: HK\$400 / person位 Guest 來賓: HK\$500 / person位	18 (6 team隊)	10+	Cantonese 廣東話



Sha Tin Clubhouse 沙田會所



Competitions 競技比賽

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Summer Sports Competition - Summer Squash Tournament 2023 暑期運動大激鬥 - 夏日壁球比賽 2023							
Join our Summer Squash Tournament 2023 for a fun, friendly competition open to players of all levels - kids and adults alike! Sign up for the Parent-Child Doubles tournament to make it a family affair. 誠邀大小壁球好手參與夏季壁球錦標賽，一同切磋球技！錦標賽設有分齡賽及「兒童親子雙打」比賽，由壁球總會合資格人士擔任裁判，適合一家大小參與。							
STSQT	18/08 Fri 星期五	2:30pm - 5:00pm	1/F Sports Courts 一樓運動場	Member 會員: HK\$150 / person位	40	6+	Cantonese 廣東話



Beas River Country Club 雙魚河鄉村會所

Stay Active 顯活力

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Rock Climbing In the Wild (Class A) 野外攀石日營(A班)							
Join our program for little climbers to learn climbing skills and techniques from a professional instructor at a beautiful natural climbing site! 享受真正的攀石樂趣！在專業教練帶領下，小朋友於自然登山地點學習不同的攀岩技巧和 safety 事項，以不一樣的角度感受大自然美景。							
BRNSC1	15/07 Sat 星期六	9:00am - 5:00pm	Shek O 石澳	Member 會員: HK\$2,450 Guest 來賓: HK\$2,940	8 - 12	8 - 14	Cantonese / English 廣東話 / 英語
Rock Climbing In the Wild (Class B) 野外攀石日營(B班)							
Join our program for little climbers to learn climbing skills and techniques from a professional instructor at a beautiful natural climbing site! 享受真正的攀石樂趣！在專業教練帶領下，小朋友於自然登山地點學習不同的攀岩技巧和 safety 事項，以不一樣的角度感受大自然美景。							
BRNSC2	12/08 Sat 星期六	9:00am - 5:00pm	Shek O 石澳	Member 會員: HK\$2,450 Guest 來賓: HK\$2,940	8 - 12	8 - 14	Cantonese / English 廣東話 / 英語
Private Swimming Classes 私人游泳課程							
Enjoy private swimming lessons for the first time at Beas River Country Club! Sign up now for individual or small group swimming lessons (up to four people). Contact our Sports and Leisure Team 2966 1822 for more information. 雙魚河鄉村會所將首次開辦私人游泳班，提供一對一或最多一對四的私人課堂，詳情請向康樂辦事處2966 1822查詢。							
BRPSL	N/A 不適用	N/A 不適用	Main Pool, Beas River Country Club 主池，雙魚河鄉村會所	N/A 不適用	1 - 4	3+	Cantonese / English 廣東話 / 英語

Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Bath Bomb Family Workshop 親子沐浴球工作坊							
Discover the art of making bath bombs using natural, skin-friendly materials! Learn coloring and molding techniques and enhance your bath with aromatherapy oils for a truly soothing experience. 齊來做手工！以工藝釋放澎湃創作力，讓小朋友搖身一變成為時尚小藝術家，親手製作芬香又夢幻的沐浴氣泡彈，將獨特又實用的藝術品帶入日常生活中！							
BRCHMW	30/07 Sun 星期日	2:00pm - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$750 Guest 來賓: HK\$900	6 - 20	3+	Cantonese 廣東話



Beas River Country Club 雙魚河鄉村會所

Creative Discovery 創意樂

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Letter-shaped Light-making Family Workshop 親子字母燈製作工作坊							
Parents and children can create a beautiful letter-shaped light for their home or workspace, making lasting memories and a unique keepsake. All materials are included in the fee. 父母和小朋友一起製作漂亮的字母燈。無論是放在客廳、睡房還是書桌上，柔和的燈光都會令人回憶起溫馨的親子時刻。費用已包括所有材料。							
BRNPF1	06/08 Sun 星期日	2:00pm - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$980 Guest 來賓: HK\$1,180	6 - 20	3+	Cantonese 廣東話

Tie Dye Family Workshop (Class A) 親子紮染工作坊(A班)							
Add a splash of colour your summer with our family tie-dye workshop! Discover techniques and patterns to add some colourful flair to your wardrobe, and bond with your loved ones in the process. 為夏天添上色彩！小朋友們與家人一起學習紮染技巧、設計圖案及配搭顏色，親手製作獨一無二的衣服，為衣櫥增添美麗色彩。							
BRFAWT1	16/07 Sun 星期日	2:00pm - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$950 Guest 來賓: HK\$1,140	6 - 20	3+	Cantonese 廣東話

Tie Dye Family Workshop (Class B) 親子紮染工作坊(B班)							
Add a splash of colour your summer with our family tie-dye workshop! Discover techniques and patterns to add some colourful flair to your wardrobe, and bond with your loved ones in the process. 為夏天添上色彩！小朋友們與家人一起學習紮染技巧、設計圖案及配搭顏色，親手製作獨一無二的衣服，為衣櫥增添美麗色彩。							
BRFAWT2	27/08 Sun 星期日	2:00pm - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$950 Guest 來賓: HK\$1,140	6 - 20	3+	Cantonese 廣東話



Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Night Safari : Fireflies Watching at Tai Po Kau (Class A) 探索夜間動物及螢火蟲(A班)							
Experience an immersive and interactive adventure in the heart of Tai Po Kau Country Park! Get up close and personal with Horg Kong's nocturnal wildlife for an unforgettable encounter led by an eco-tour guide. 在大埔滘郊野公園展開互動的冒險體驗！在專業生態導遊的帶領下，近距離接觸香港的夜間野生動物，享受一次難忘的邂逅。							
BRNSTP1	01/07 Sat 星期六	6:30pm - 9:30pm	Beas River Country Club & Tai Po Kau 雙魚河鄉村會所及大埔	Member 會員: HK\$480 Guest 來賓: HK\$580	8 - 24	3+	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所



Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Night Safari : Fireflies Watching at Tai Po Kau (Class B) 探索夜間動物及螢火蟲(B班)							
Experience an immersive and interactive adventure in the heart of Tai Po Kau Country Park! Get up close and personal with Hong Kong's nocturnal wildlife for an unforgettable encounter led by an eco-tour guide. 在大埔滘郊野公園展開互動的冒險體驗！在專業生態導遊的帶領下，近距離接觸香港的夜間野生動物，享受一次難忘的邂逅。							
BRNSTP2	05/08 Sat 星期六	6:30pm - 9:30pm	Beas River Country Club & Tai Po Kau 雙魚河鄉村會所及大埔	Member 會員: HK\$480 Guest 來賓: HK\$580	8 - 24	3+	Cantonese / English 廣東話 / 英語
Quad Bike and Go Kart Fun Day (Class A) 越野車及高卡車體驗日(A班)							
Get ready for a thrilling ride! Experience quad bikes and go-karts with the guidance of our expert instructor. Teaching and support is based on skill level, ensuring a safe and fun experience. 在教練指導下，小朋友將體驗駕駛越野車和高卡車，安全地享受駕駛樂趣。							
BRQBG1	22/07 Sat 星期六	1:00pm - 5:00pm	Beas River Country Club & Sheung Shui 雙魚河鄉村會所及上水	Member 會員: HK\$1,880 Guest 來賓: HK\$2,260	8 - 12	6 - 12	Cantonese 廣東話
Quad Bike and Go Kart Fun Day (Class B) 越野車及高卡車體驗日(B班)							
Get ready for a thrilling ride! Experience quad bikes and go-karts with the guidance of our expert instructor. Teaching and support is based on skill level, ensuring a safe and fun experience. 在教練指導下，小朋友將體驗駕駛越野車和高卡車，安全地享受駕駛樂趣。							
BRQBG2	19/08 Sat 星期六	1:00pm - 5:00pm	Beas River Country Club & Sheung Shui 雙魚河鄉村會所及上水	Member 會員: HK\$1,880 Guest 來賓: HK\$2,260	8 - 12	6 - 12	Cantonese 廣東話
Meet the Animals Party (Class A) 珍禽異獸動物全接觸(A班)							
It's never too early to start cultivating a love and respect for nature with our family-focused programme! Learn about wild animals such as hedgehogs, lizards, and turtles, and their natural habitats. 家長陪同小朋友一起學習尊重和愛護大自然，了解刺猬、蜥蜴和龜等野生動物的習性和棲息地。							
BRMTAP1	02/07 Sun 星期日	2:30pm - 4:30pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$520 Guest 來賓: HK\$630	8 - 16	6+	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所



Fun Excursion 趣味行

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Meet the Animals Party (Class B) 珍禽異獸動物全接觸(B班)							
<p>It's never too early to start cultivating a love and respect for nature with our family-focused programme! Learn about wild animals such as hedgehogs, lizards, and turtles, and their natural habitats. 家長陪同小朋友一起學習尊重和愛護大自然，了解刺蝟、蜥蜴和龜等野生動物的習性和棲息地。</p>							
BRMTAP2	06/08 Sun 星期日	10:00am - 12:00nn	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$520 Guest 來賓: HK\$630	8 - 16	6+	Cantonese / English 廣東話 / 英語
Meet the Animals Party (Class C) 珍禽異獸動物全接觸(C班)							
<p>It's never too early to start cultivating a love and respect for nature with our family-focused programme! Learn about wild animals such as hedgehogs, lizards, and turtles, and their natural habitats. 家長陪同小朋友一起學習尊重和愛護大自然，了解刺蝟、蜥蜴和龜等野生動物的習性和棲息地。</p>							
BRMTAP3	20/08 Sun 星期日	2:30pm - 4:30pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$520 Guest 來賓: HK\$630	8 - 16	6+	Cantonese / English 廣東話 / 英語
Spot the Chinese Dolphins Tour 觀賞中華白海豚之旅							
<p>Join an educational tour to spot Indo-Pacific Humpback Dolphins in Hong Kong waters. Learn about their vulnerabilities and threats they face. Fee includes transport, boat rental, and guide. 在香港水域觀賞美麗的中華白海豚，同時了解牠們所面臨的威脅。費用包括交通費、租船費和導遊費。</p>							
BRWDST	23/07 Sun 星期日	8:45am - 2:15pm	Lantau Island 大嶼山	Member 會員: HK\$700 Guest 來賓: HK\$840	30	3+	Cantonese 廣東話



Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
First Time Away From Home (Class A) 自主第一營(A班)							
<p>Develop independence, problem-solving and social skills through a range of fun games and activities, including DIY, pony riding, swimming, cycling and table tennis. 透過一系列有趣的遊戲和活動，提升小朋友自主獨立、解決問題的能力和社交技巧！活動包括策騎小馬、參觀馬房、手工創作坊、游泳、踏單車和乒乓球等。</p>							
BRFTA1	10/07 - 11/07 Mon-Tue 星期一至二	Check-In 入營: 9:45am (Day 1) (第1日) Check-Out 出營: 1:00pm (Day 2) (第2日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$4,020 Guest 來賓: HK\$4,830 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	6 - 8	Cantonese 廣東話



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
First Time Away From Home (Class B) 自主第一營(B班)							
Develop independence, problem-solving and social skills through a range of fun games and activities, including DIY, pony riding, swimming, cycling and table tennis. 透過一系列有趣的遊戲和活動，提升小朋友自主獨立、解決問題的能力和社交技巧！活動包括策騎小馬、參觀馬房、手工創作坊、游泳、踏單車和乒乓球等。							
BRFTA2	21/07 – 22/07 Fri-Sat 星期五至六	Check-In 入營: 9:45am (Day 1) (第1日) Check-Out 出營: 1:00pm (Day 2) (第2日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$4,020 Guest 來賓: HK\$4,830 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	6 - 8	Cantonese 廣東話
First Time Away From Home (Class C) 自主第一營(C班)							
Develop independence, problem-solving and social skills through a range of fun games and activities, including DIY, pony riding, swimming, cycling and table tennis. 透過一系列有趣的遊戲和活動，提升小朋友自主獨立、解決問題的能力和社交技巧！活動包括策騎小馬、參觀馬房、手工創作坊、游泳、踏單車和乒乓球等。							
BRFTA3	31/07 – 01/08 Mon-Tue 星期一至二	Check-In 入營: 9:45am (Day 1) (第1日) Check-Out 出營: 1:00pm (Day 2) (第2日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$4,020 Guest 來賓: HK\$4,830 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	6 - 8	Cantonese 廣東話
First Time Away From Home (Class D) 自主第一營(D班)							
Develop independence, problem-solving and social skills through a range of fun games and activities, including DIY, pony riding, swimming, cycling and table tennis. 透過一系列有趣的遊戲和活動，提升小朋友自主獨立、解決問題的能力和社交技巧！活動包括策騎小馬、參觀馬房、手工創作坊、游泳、踏單車和乒乓球等。							
BRFTA4	11/08 – 12/08 Fri-Sat 星期五至六	Check-In 入營: 9:45am (Day 1) (第1日) Check-Out 出營: 1:00pm (Day 2) (第2日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$4,020 Guest 來賓: HK\$4,830 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	6 - 8	Cantonese 廣東話
4-Day Family Water Sports Camp (Class A) 四天家庭水上運動營(A班)							
Experience the ultimate summer vacation with our Family Camp! Join professional coaches for rowing, stand-up paddle boarding, sea trip and team games. Enjoy relaxing evenings at the Chalet. A perfect getaway for parents and children! 大人與小朋友一起體驗水上樂趣！由專業教練帶領，白天在沙灘上挑戰划艇、直立板海上之旅等刺激的運動，晚上則在渡假屋與家人度過悠閒的時光，讓身心得到全面放鬆。							
BRFWSC1	17/07 – 20/07 Mon-Thu 星期一至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club & Sai Kung 雙魚河鄉村會所及西貢	Member 會員: HK\$9,880 Guest 來賓: HK\$11,880 (One adult & one kid) (包括1位成人及1位小童)	8 - 12	6 - 8	Cantonese 廣東話



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
4-Day Family Water Sports Camp (Class B) 四天家庭水上運動營(B班)							
Experience the ultimate summer vacation with our Family Camp! Join professional coaches for rowing, stand-up paddle boarding, sea trip and team games. Enjoy relaxing evenings at the Chalet. A perfect getaway for parents and children! 大人與小朋友一起體驗水上樂趣！由專業教練帶領，白天在沙灘上挑戰划艇、直立板海上之旅等刺激的運動，晚上則在渡假屋與家人度過悠閒的時光，讓身心得到全面放鬆。							
BRFWS2	07/08 – 10/08 Mon-Thu 星期一至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club & Sai Kung 雙魚河鄉村會所及西貢	Member 會員: HK\$9,880 Guest 來賓: HK\$11,880 (One adult & one kid) (包括1位成人及1位小童)	8 - 12	6 - 8	Cantonese 廣東話
Desolate Island Survival Camp (Class A) 荒島求生訓練營(A班)							
Cast away! Our For Advanced Camp will enhance survival skills in the wild! Led by professional instructors, participants will face challenges and develop resilience. Perfect to take your outdoor skills to the next level! 進階訓練營把小朋友的野外求生技能推至高峰！在專業教練的帶領下，小朋友在安全的環境進行荒島求生探險，面對挑戰並建立堅毅的意志！							
BRDIS1	10/07 – 11/07 Mon-Tue 星期一至二	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 2) (第2日)	Lantau Island, Tong Fuk 大嶼山, 塘福	Member 會員: HK\$4,880 Guest 來賓: HK\$5,860	8 - 12	8 - 14	Cantonese / English 廣東話 / 英語
Desolate Island Survival Camp (Class B) 荒島求生訓練營(B班)							
Cast away! Our Advanced Camp will enhance survival skills in the wild! Led by professional instructors, participants will face challenges and develop resilience. Perfect to take your outdoor skills to the next level! 進階訓練營把小朋友的野外求生技能推至高峰！在專業教練的帶領下，小朋友在安全的環境進行荒島求生探險，面對挑戰並建立堅毅的意志！							
BRDIS2	17/08 – 18/08 Thu-Fri 星期四至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 2)(第2日)	Lantau Island, Tong Fuk 大嶼山, 塘福	Member 會員: HK\$4,880 Guest 來賓: HK\$5,860	8 - 12	8 - 14	Cantonese / English 廣東話 / 英語
4-Day Land Meets Sea Camp (Class A) 四天海陸訓練營(A班)							
Experience the ultimate outdoor adventure and learn safety tips in our sports camp! From fencing and kickboxing to cycling, kayaking, climbing, and archery, you'll try it all. Join us for an unforgettable experience! 在戶外內進行各種鍛鍊，包括劍擊、搏擊操、單車、獨木舟、攀石及射箭等，讓小朋友盡情投入戶外世界，同時掌握運動安全知識，適合好動又充滿好奇心的小朋友。							
BRLMS1	31/07 – 03/08 Mon-Thu 星期一至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club & Tai Po 雙魚河鄉村會所及大埔	Member 會員: HK\$7,350 Guest 來賓: HK\$8,820	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
4-Day Land Meets Sea Camp (Class B) 四天海陸訓練營(B班)							
<p>Experience the ultimate outdoor adventure and learn safety tips in our sports camp! From fencing and kickboxing to cycling, kayaking, climbing, and archery, you'll try it all. Join us for an unforgettable experience! 在戶外內進行各種鍛鍊，包括劍擊、搏擊操、單車、獨木舟、攀石及射箭等，讓小朋友盡情投入戶外世界，同時掌握運動安全知識，適合好動又充滿好奇心的小朋友。</p>							
BRLMS2	22/08 – 25/08 Tue-Fri 星期二至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club & Tai Po 雙魚河鄉村會所及大埔	Member 會員: HK\$7,350 Guest 來賓: HK\$8,820	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語
Manchester United Soccer Schools Football Camp 五天曼聯足球訓練營							
<p>In our 2023 Manchester United Soccer Schools camp led by Manchester United-accredited coaches, children learn skills through drills and games. Participants receive a medal, evaluation and certificate. 再度聯乘曼聯足球學校，激發孩子的「足」動潛能！訓練營由世界級的專業教練落場貼身指導，傳授頂級的踢球技巧和比賽知識，終生受用。完成課程學員更可獲得由曼聯足球學校頒發的獎章、成績表及紀念獎狀！</p>							
BRMUSS	24/07 – 28/07 Mon-Fri 星期一至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 8:00pm (Day 5) (第5日)	Beas River Country Club & Fanling 雙魚河鄉村會所及粉嶺	Member 會員: HK\$9,880 Guest 來賓: HK\$11,860	16 - 32	8 - 14	English 英語
Manchester United Soccer Schools Football Camp - For Girls 三天曼聯足球訓練營 - 女子組							
<p>For the first time, a female coach from Manchester United Football School trains girls in our female football camp. Participants will receive training and a certificate with a report card. Empowering female athletes! 齊來為女子運動員打氣！我們首次邀請到曼聯足球學校的女教練加入訓練營，為女學員傳授頂級的踢球技巧和比賽知識，終生受用。最後更可帶着由曼聯足球學校頒發的獎章、成績表及紀念獎狀留念！</p>							
BRMUSSF	26/07 – 28/07 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 8:00pm (Day 3) (第3日)	Beas River Country Club & Fanling 雙魚河鄉村會所及粉嶺	Member 會員: HK\$9,880 Guest 來賓: HK\$11,860	6 - 10	8 - 14	English 英語
3-Day Tennis Overnight Camp (Class A) 三天網球訓練營(A班)							
<p>Get active! Our 3-day camp with 10 hours of tennis training plus swimming, basketball, cycling, ball games and more. 一連三天的訓練營為小朋友提供10小時的網球訓練，更可盡情體驗其他戶外活動如游泳、籃球、乒乓球、單車和球類等，充實每一天！</p>							
BRTOC1	10/07 – 12/07 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	7 - 12	English 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
3-Day Tennis Overnight Camp (Class B) 三天網球訓練營(B班)							
Get active! Our 3-day camp with 10 hours of tennis training plus swimming, basketball, cycling, ball games and more. 一連三天的訓練營為小朋友提供10小時的網球訓練，更可盡情體驗其他戶外活動如游泳、籃球、乒乓球、單車和球類等，充實每一天！							
BRTOC2	02/08 – 04/08 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	7 - 12	English 英語
3-Day Tennis Overnight Camp (Class C) 三天網球訓練營(C班)							
Get active! Our 3-day camp with 10 hours of tennis training plus swimming, basketball, cycling, ball games and more. 一連三天的訓練營為小朋友提供10小時的網球訓練，更可盡情體驗其他戶外活動如游泳、籃球、乒乓球、單車和球類等，充實每一天！							
BRTOC3	16/08 – 18/08 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	7 - 12	English 英語
3-Day Pony Experience Camp - For Beginners (Class A) 三天騎馬體驗營 - 初級班(A班)							
Meet new friends and ponies! Over 3 days kids learn basic riding skills. Kids will also enjoy leisure activities like swimming with new friends. 結識新朋友和親親小馬！在三天的精彩旅程中，小朋友能與小馬近距離接觸、學習基本騎馬技巧，還可以和新朋友一起游泳，度過難忘暑假。							
BRPEC1	05/07 – 07/07 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 8:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$6,580 Guest 來賓: HK\$7,900 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	6 - 8	Cantonese / English 廣東話 / 英語
3-Day Pony Experience Camp - For Beginners (Class B) 三天騎馬體驗營 - 初級班(B班)							
Meet new friends and ponies! Over 3 days kids learn basic riding skills. Kids will also enjoy leisure activities like swimming with new friends. 結識新朋友和親親小馬！在三天的精彩旅程中，小朋友能與小馬近距離接觸、學習基本騎馬技巧，還可以和新朋友一起游泳，度過難忘暑假。							
BRPEC2	18/07 – 20/07 Tue-Thu 星期二至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$6,580 Guest 來賓: HK\$7,900 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	6 - 8	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
3-Day Pony Experience Camp - For Beginners (Class C) 三天騎馬體驗營 - 初級班(C班)							
<p>Meet new friends and ponies! Over 3 days kids learn basic riding skills. Kids will also enjoy leisure activities like swimming with new friends. 結識新朋友和親親小馬！在三天的精彩旅程中，小朋友能與小馬近距離接觸、學習基本騎馬技巧，還可以和新朋友一起游泳，度過難忘暑假。</p>							
BRPEC3	29/08 – 31/08 Tue-Thu 星期二至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$6,580 Guest 來賓: HK\$7,900 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	6 - 8	Cantonese / English 廣東話 / 英語
4-Day Pony Experience Camp - For Beginners 四天騎馬體驗營 - 初級班							
<p>Meet new friends and ponies! Over 4 days, kids learn basic riding skills. Kids will also enjoy leisure activities like swimming with new friends. 結識新朋友和親親小馬！在四天的精彩旅程中，小朋友能與小馬近距離接觸、學習基本騎馬技巧，還可以和新朋友一起游泳，度過難忘暑假。</p>							
BR4PEB	01/08 – 04/08 Tue-Fri 星期二至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$8,950 Guest 來賓: HK\$10,750 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	7 - 12	Cantonese / English 廣東話 / 英語
3-Day Pony Experience Camp - For Advanced 三天騎馬體驗營 - 進階班							
<p>Take your riding skills to the next level! For those who completed our beginner programme in the past two years, this program covers pony care, unassisted riding and more. Join us for an unforgettable adventure! 進階班將為過去兩年內完成初級班的小騎師，提供更全面的馬術訓練，包括照顧馬匹及獨自操控馬匹的技術，進一步提升騎術水平。</p>							
BRPEA1	09/08 – 11/08 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 8:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$6,580 Guest 來賓: HK\$7,900 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	7 - 12	Cantonese / English 廣東話 / 英語
4-Day Pony Experience Camp - For Advanced 四天騎馬體驗營 - 進階班							
<p>Ride like a pro in our For Advanced camp for those who completed beginner programme in the past two years. Covers pony care, unassisted riding and more! Join us for an unforgettable adventure! 進階班將為過去兩年內完成初級班的小騎師，提供更全面的馬術訓練，包括照顧馬匹及獨自操控馬匹的技術，進一步提升騎術水平。</p>							
BR4PEA	22/08 – 25/08 Tue-Fri 星期二至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$8,950 Guest 來賓: HK\$10,750 *Fun with Ponies subscribers can enjoy a HK\$500 discount offer *小馬同樂計劃參加者可享HK\$500折扣優惠	8 - 12	7 - 12	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
3-Day Meet The Sea Experience Camp (Class A) 三天水上運動體驗營(A班)							
Run to the ocean! Join us for 3 days of exciting water activities like kayaking and snorkeling in the stunning Sai Kung area. Let your kids experience an unforgettable journey into the sea! 投奔大海的懷抱！一連三天的水上活動體能營，讓小朋友在陽光下划獨木舟，或在魚兒的包圍下浮潛，探索美麗的西貢海域，打造美滿的難忘假期。							
BRMSE1	12/07 – 14/07 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club & Sai Kung 雙魚河鄉村會所及西貢	Member 會員: HK\$6,550 Guest 來賓: HK\$7,860	8 - 12	8 - 14	Cantonese / English 廣東話 / 英語
3-Day Meet The Sea Experience Camp (Class B) 三天水上運動體驗營(B班)							
Run to the ocean! Join us for 3 days of exciting water activities like kayaking and snorkeling in the stunning Sai Kung area. Let your kids experience an unforgettable journey into the sea! 投奔大海的懷抱！一連三天的水上活動體能營，讓小朋友在陽光下划獨木舟，或在魚兒的包圍下浮潛，探索美麗的西貢海域，打造美滿的難忘假期。							
BRMSE2	09/08 – 11/08 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club & Sai Kung 雙魚河鄉村會所及西貢	Member 會員: HK\$6,550 Guest 來賓: HK\$7,860	8 - 12	8 - 14	Cantonese / English 廣東話 / 英語
3-Day Meet The Sea Experience Camp (Class C) 三天水上運動體驗營(C班)							
Run to the ocean! Join us for 3 days of exciting water activities like kayaking and snorkeling in the stunning Sai Kung area. Let your kids experience an unforgettable journey into the sea! 投奔大海的懷抱！一連三天的水上活動體能營，讓小朋友在陽光下划獨木舟，或在魚兒的包圍下浮潛，探索美麗的西貢海域，打造美滿的難忘假期。							
BRMSE3	28/08 – 30/08 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club & Sai Kung 雙魚河鄉村會所及西貢	Member 會員: HK\$6,550 Guest 來賓: HK\$7,860	8 - 12	8 - 14	Cantonese / English 廣東話 / 英語
3-Day Water Splashing Camp (Class A) 三天潑水營(A班)							
Join our summer camp for Gel Blaster Fun, Beach Party, Raft Making, and more! Professional coaches will teach water safety and teamwork. Fee includes transportation, accommodation, meals, refreshments, and a certificate. 潑水營設有多項有趣的水上活動，例如水凝珠水槍大戰、海灘派對、木筏製作，並透過專業教練學習到水上安全知識和團隊合作精神。費用已包括交通接送、住宿、膳食、小食及證書。							
BRWSPC1	11/07 – 13/07 Tue-Thu 星期二至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club & Sai Kung 雙魚河鄉村會所及西貢	Member 會員: HK\$7,150 Guest 來賓: HK\$8,580	8 - 12	8 - 14	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
3-Day Water Splashing Camp (Class B) 三天潑水營(B班)							
Join our summer camp for Gel Blaster Fun, Beach Party, Raft Making, and more! Professional coaches will teach water safety and teamwork. Fee includes transportation, accommodation, meals, refreshments, and a certificate. 潑水營設有多項有趣的水上活動，例如水凝珠水槍大戰、海灘派對、木筏製作，並透過專業教練學習到水上安全知識和團隊合作精神。費用已包括交通接送、住宿、膳食、小食及證書。							
BRWSPC2	23/08 – 25/08 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club & Sai Kung 雙魚河鄉村會所及西貢	Member 會員: HK\$7,150 Guest 來賓: HK\$8,580	8 - 12	8 - 14	Cantonese / English / 廣東話 / 英語
4-Day Fun Adventure Camp - For Beginners 四天趣味冒險營 - 初級班							
Unleash your potential! With activities like rope climbing, zip lining, rock climbing, and team sports, challenge your limits, step out of your comfort zone, and develop strong interpersonal skills. 釋放潛能！由專業教練帶領，通過攀繩、高空滑索、攀岩和團隊運動等活動，挑戰小朋友的極限，走出舒適區，培養良好的人際社交能力。							
BRFACB	25/07 – 28/07 Tue-Fri 星期二至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$6,950 Guest 來賓: HK\$8,340	8 - 12	8 - 12	Cantonese / English / 廣東話 / 英語
4-Day Fun Adventure Camp - For Advanced 四天趣味冒險營 - 進階班							
Experience new activities in our For Advanced camp! Learn to ride beach buggies, survive on a deserted island, cook in the wild, perform first-aid, protect yourself from wild animals, and more. Unforgettable! 挑戰極限！冒險營進階班讓小朋友體驗更多刺激活動，如駕駛越野沙灘車、荒島求生、野外煮食等，並學習急救技巧和遇見野生動物時的應變方法，展開難忘的戶外歷程！							
BRFACA	14/08 – 17/08 Mon-Thu 星期一至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club, Tai Po, Sai Kung 雙魚河鄉村會所、大埔及西貢	Member 會員: HK\$6,950 Guest 來賓: HK\$8,340	8 - 12	8 - 12	Cantonese / English / 廣東話 / 英語
3-Day Nature Explore Camp (Class A) 三天大自然探索營(A班)							
Ideal for young outdoor enthusiasts, our 3-day camp offers a chance to encounter the natural world up close, including daytime and nighttime animal sightings. Hike, tour farms and go on a night safari! 小小戶外愛好者，你預備好了嗎？三天的探索營體驗，讓小朋友透過短程遠足、農場參觀、夜間野生探險，從日間和夜間活動進一步認識晝夜出沒的動物，親親大自然！							
BRNEC1	05/07 – 07/07 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	7 - 12	Cantonese / English / 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
3-Day Nature Explore Camp (Class B) 三天大自然探索營(B班)							
<p>Ideal for young outdoor enthusiasts, our 3-day camp offers a chance to encounter the natural world up close, including daytime and nighttime animal sightings. Hike, tour farms and go on a night safari! 小小戶外愛好者，你預備好了嗎？三天的探索營體驗，讓小朋友透過短程遠足、農場參觀、夜間野生探險，從日間和夜間活動進一步認識晝夜出沒的動物，親親大自然！</p>							
BRWSPC2	21/08 – 23/08 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	7 - 12	Cantonese / English 廣東話 / 英語
Kids Kitchen Summer Training Camp - For Beginners (Class A) 創意小廚房夏季訓練營- 初階(A班)							
<p>Unleash your inner culinary genius with our chef and team. Learn to plan, cooperate and make delicious dishes, mocktails and desserts as a mini master chef-in-training! 化身全能小廚神！廚師及相關導師將帶領小朋友與隊友一起預備食材、烹調美味菜餚、調配特飲，並製作精緻的甜品。穿上圍裙在廚房忙碌起來吧！</p>							
BRKSTB1	10/07 – 12/07 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	6 - 8	Cantonese / English 廣東話 / 英語
Kids Kitchen Summer Training Camp - For Beginners (Class B) 創意小廚房夏季訓練營- 初階(B班)							
<p>Unleash your inner culinary genius with our chef and team. Learn to plan, cooperate and make delicious dishes, mocktails and desserts as a mini master chef-in-training! 化身全能小廚神！廚師及相關導師將帶領小朋友與隊友一起預備食材、烹調美味菜餚、調配特飲，並製作精緻的甜品。穿上圍裙在廚房忙碌起來吧！</p>							
BRKSTB2	17/07 – 19/07 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	6 - 8	Cantonese / English 廣東話 / 英語
Kids Kitchen Summer Training Camp - For Beginners (Class C) 創意小廚房夏季訓練營- 初階(C班)							
<p>Unleash your inner culinary genius with our chef and team. Learn to plan, cooperate and make delicious dishes, mocktails and desserts as a mini master chef-in-training! 化身全能小廚神！廚師及相關導師將帶領小朋友與隊友一起預備食材、烹調美味菜餚、調配特飲，並製作精緻的甜品。穿上圍裙在廚房忙碌起來吧！</p>							
BRKSTB3	14/08 – 16/08 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	6 - 8	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Kids Kitchen: Master Chef Training Camp (Class A) 兒童廚房: 小廚神訓練營(A班)							
Learn meal prep and teamwork from our Executive Chef, Beas River Country Club at the cooking camp. Parents can enjoy dinner on the final night. Fee includes transport, lodging, meals, certificate and parents' dinner. 由雙魚河鄉村會所行政總廚及其團隊主理的特色課程，啟發小朋友的烹飪創意。具有基本烹飪技能的小朋友將學習預備菜式，透過分工合作學懂團體精神。在訓練營的最後一晚，父母們將成為桌上貴賓，細味品嚐小廚神的作品。費用已包括交通接送、住宿、膳食、小食、證書及兩位家長晚膳費用。							
BRMCT1	12/07 – 14/07 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 9:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,980 Guest 來賓: HK\$7,180	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語
Kids Kitchen: Master Chef Training Camp (Class B) 兒童廚房: 小廚神訓練營(B班)							
Learn meal prep and teamwork from our Executive Chef, Beas River Country Club at the cooking camp. Parents can enjoy dinner on the final night. Fee includes transport, lodging, meals, certificate and parents' dinner. 由雙魚河鄉村會所行政總廚及其團隊主理的特色課程，啟發小朋友的烹飪創意。具有基本烹飪技能的小朋友將學習預備菜式，透過分工合作學懂團體精神。在訓練營的最後一晚，父母們將成為桌上貴賓，細味品嚐小廚神的作品。費用已包括交通接送、住宿、膳食、小食、證書及兩位家長晚膳費用。							
BRMCT2	16/08 – 18/08 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 9:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,980 Guest 來賓: HK\$7,180	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語
Detective Training Camp (Class A) 小偵探訓練營(A班)							
Crack the mystery! Kids will unlock their sleuthing skills to crack codes, analyze DNA, identify fingerprints and more. They conduct a mock investigation to solve a case. 齊來破案吧！小朋友將化身成為小偵探，為破案進行腦力大激盪，聯手破解密碼、分析DNA、鑑證指紋以至臉容重組。							
BRDTC1	26/07 – 28/07 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,580 Guest 來賓: HK\$6,700	8 - 12	7 - 12	Cantonese / English 廣東話 / 英語
Detective Training Camp (Class B) 小偵探訓練營(B班)							
Crack the mystery! Kids will unlock their sleuthing skills to crack codes, analyze DNA, identify fingerprints and more. They conduct a mock investigation to solve a case. 齊來破案吧！小朋友將化身成為小偵探，為破案進行腦力大激盪，聯手破解密碼、分析DNA、鑑證指紋以至臉容重組。							
BRDTC2	01/08 – 03/08 Tue-Thu 星期二至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,580 Guest 來賓: HK\$6,700	8 - 12	7 - 12	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Detective Training Camp (Class B) 小偵探訓練營(B班)							
Crack the mystery! Kids will unlock their sleuthing skills to crack codes, analyze DNA, identify fingerprints and more. They conduct a mock investigation to solve a case. 齊來破案吧！小朋友將化身成為小偵探，為破案進行腦力大激盪，聯手破解密碼、分析DNA、鑑證指紋以至臉容重組。							
BRDTC3	23/08 – 25/08 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,580 Guest 來賓: HK\$6,700	8 - 12	7 - 12	Cantonese / English 廣東話 / 英語
3-Day Wild Survival Camp (Class A) 三天野外求生營(A班)							
Learn survival skills like filtering water, cooking in the wild, building shelters and completing tasks in the dark in this wild survival camp. 做個最酷的探險家！在三天野外求生營中接受一連串的求生考驗，小朋友將學習如何過濾飲用水、搭建庇護所及野外煮食等，更需要在完全黑暗的環境中完成指定任務，極具挑戰性。							
BRWSC1	12/07 – 14/07 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	6 - 8	Cantonese / English 廣東話 / 英語
3-Day Wild Survival Camp (Class B) 三天野外求生營(B班)							
Learn survival skills like filtering water, cooking in the wild, building shelters and completing tasks in the dark in this wild survival camp. 做個最酷的探險家！在三天野外求生營中接受一連串的求生考驗，小朋友將學習如何過濾飲用水、搭建庇護所及野外煮食等，更需要在完全黑暗的環境中完成指定任務，極具挑戰性。							
BRWSC2	14/08 – 16/08 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	6 - 8	Cantonese / English 廣東話 / 英語
2-Day Fun Wild Camp (Class A) 兩天野外露營樂(A班)							
Joy in the wild! Learn fire-making, camp cooking and kayaking in our supervised camp. Fee includes transport, lodging, meals, refreshments and certificate. Join us now! 冒險在此展開！小朋友在有協助的環境中學習生火及煮食，並到海邊學划獨木舟，體驗野外求生的樂趣。費用已包括交通接送、住宿、膳食、小食及證書。							
BRFWC1	24/07 – 25/07 Mon-Tue 星期一至二	Check-In 入營: 2:00pm (Day 1) (第1日) Check-Out 出營: 5:00pm (Day 2) (第2日)	Beas River Country Club & Islands 雙魚河鄉村會所及離島	Member 會員: HK\$4,500 Guest 來賓: HK\$5,400	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
2-Day Fun Wild Camp (Class B) 兩天野外露營樂(B班)							
Joy in the wild! Learn fire-making, camp cooking and kayaking in our supervised camp. Fee includes transport, lodging, meals, refreshments and certificate. Join us now! 冒險在此展開！小朋友在有協助的環境中學習生火及煮食，並到海邊學划獨木舟，體驗野外求生的樂趣。費用已包括交通接送、住宿、膳食、小食及證書。							
BRFWC2	04/08 – 05/08 Fri-Sat 星期五至六	Check-In 入營: 2:00pm (Day 1) (第1日) Check-Out 出營: 5:00pm (Day 2) (第2日)	Beas River Country Club & Islands 雙魚河鄉村會所及離島	Member 會員: HK\$4,500 Guest 來賓: HK\$5,400	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語
2-Day Fun Wild Camp (Class C) 兩天野外露營樂(C班)							
Joy in the wild! Learn fire-making, camp cooking and kayaking in our supervised camp. Fee includes transport, lodging, meals, refreshments and certificate. Join us now! 冒險在此展開！小朋友在有協助的環境中學習生火及煮食，並到海邊學划獨木舟，體驗野外求生的樂趣。費用已包括交通接送、住宿、膳食、小食及證書。							
BRFWC3	07/08 - 08/08 Mon-Tue 星期一至二	Check-In 入營: 2:00pm (Day 1) (第1日) Check-Out 出營: 5:00pm (Day 2) (第2日)	Beas River Country Club & Islands 雙魚河鄉村會所及離島	Member 會員: HK\$4,500 Guest 來賓: HK\$5,400	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語
4-Day Wild Survival Camp 四天野外求生營							
In addition to brushing up on basic survival skills, children can learn about nocturnal animals while developing crucial abilities such as finding food in the wild and dealing with injuries at our Wild Survival Camp. 四天的訓練營將帶領小朋友認識在晚間活動的野外動物、學習在野外尋找食物充飢、如何處理傷口、並重溫基本野外求生課程的投巧。							
BR4WSC	21/08 – 24/8 Mon-Thu 星期一至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$6,580 Guest 來賓: HK\$7,900	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語
Astronomy Explorer Camp (Class A) 天文學探索營(A班)							
Explore the galaxy! Get a front-row view of the moon, planets, and dazzling constellations through a telescope. Kids learn to assemble and use a refractive telescope, as well as how to navigate by the stars. 齊來探索星空宇宙奧秘！手執望遠鏡，近距離觀賞月亮和太陽系中的不同行星，在璀璨的星空下找出自己的星座。小朋友將會了解如何組裝折射望遠鏡，在夜空下漫談無邊無際的宇宙小知識。							
BRAEC1	24/07 – 26/07 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Astronomy Explorer Camp (Class A) 天文學探索營(A班)							
<p>Explore the galaxy! Get a front-row view of the moon, planets, and dazzling constellations through a telescope. Kids learn to assemble and use a refractive telescope, as well as how to navigate by the stars. 齊來探索星空宇宙奧秘！手執望遠鏡，近距離觀賞月亮和太陽系中的不同行星，在璀璨的星空下找出自己的星座。小朋友將會了解如何組裝折射望遠鏡，在夜空下漫談無邊無際的宇宙小知識。</p>							
BRAEC2	07/08 – 09/08 Mon-Wed 星期一至三	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	8 - 12	Cantonese / English 廣東話 / 英語
4-Day Wild Animal Exploration Camp 四天野生動物探索營							
<p>Discover native wildlife and their habitats on our inspiring tour for kids. Includes transport, lodging, meals, refreshments and certificate. 在四天野生動物探索之旅中，小朋友能近距離觀察野生動物的生活習性和自然棲息地，與動物和大自然建立友好關係。費用已包括交通接送、住宿、膳食、小食及證書。</p>							
BR4WAE	17/07 – 20/07 Mon-Thu 星期一至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club, Tai Po Kau, Ma On Shan & Kadoorie Farm and Botanic Garden 雙魚河鄉村會所, 大埔滘, 馬鞍山 及嘉道理農場暨植物園	Member 會員: HK\$5,850 Guest 來賓: HK\$7,020	8 - 12	6 - 12	Cantonese / English 廣東話 / 英語
3-Day Wild Animal Exploration Camp 三天野生動物探索營							
<p>Discover native wildlife and their habitats on our inspiring tour for kids. Includes transport, lodging, meals, refreshments and certificate. 在三天野生動物探索之旅中，小朋友能近距離觀察野生動物的生活習性和自然棲息地，與動物和大自然建立友好關係。費用已包括交通接送、住宿、膳食、小食及證書。</p>							
BRWAE	09/08 – 11/8 Wed-Fri 星期三至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 3) (第3日)	Beas River Country Club, Tai Po Kau, Ma On Shan & Kadoorie Farm and Botanic Garden 雙魚河鄉村會所, 大埔滘, 馬鞍山 及嘉道理農場暨植物園	Member 會員: HK\$5,050 Guest 來賓: HK\$6,060	8 - 12	6 - 12	Cantonese / English 廣東話 / 英語
Happy Summer Fun (Class A) 開心夏日日營(A班)							
<p>Enjoy creative indoor and outdoor activities such as arts and crafts, oil painting, butterfly spotting and more! Parents can relax in the ClubHouse while children make friends and enjoy arts, crafts and nature. 為小朋友的暑假增添樂趣！一系列的週末活動，動靜皆宜，如油畫班、手工藝班、參觀馬房、蝴蝶觀察等。小朋友與新朋友樂在其中的同時，父母們亦可於會所享受週末時光。</p>							
BRHSFJ1	08/07 Sat 星期六	10:00am - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$990 Guest 來賓: HK\$1,190	1 - 6	8 - 12	Cantonese 廣東話



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Happy Summer Fun (Class B) 開心夏日日營(B班)							
Enjoy creative indoor and outdoor activities such as arts and crafts, oil painting, butterfly spotting and more! Parents can relax in the ClubHouse while children make friends and enjoy arts, crafts and nature. 為小朋友的暑假增添樂趣！一系列的週末活動，動靜皆宜，如油畫班、手工藝班、參觀馬房、蝴蝶觀察等。小朋友與新朋友樂在其中的同時，父母們亦可於會所享受週末時光。							
BRHSFJ2	15/07 Sat 星期六	10:00am - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$990 Guest 來賓: HK\$1,190	1 - 6	8 - 12	Cantonese 廣東話
Happy Summer Fun (Class C) 開心夏日日營(C班)							
Enjoy creative indoor and outdoor activities such as arts and crafts, oil painting, butterfly spotting and more! Parents can relax in the ClubHouse while children make friends and enjoy arts, crafts and nature. 為小朋友的暑假增添樂趣！一系列的週末活動，動靜皆宜，如油畫班、手工藝班、參觀馬房、蝴蝶觀察等。小朋友與新朋友樂在其中的同時，父母們亦可於會所享受週末時光。							
BRHSFJ3	22/07 Sat 星期六	10:00am - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$990 Guest 來賓: HK\$1,190	1 - 6	8 - 12	Cantonese 廣東話
Happy Summer Fun (Class D) 開心夏日日營(D班)							
Enjoy creative indoor and outdoor activities such as arts and crafts, oil painting, butterfly spotting and more! Parents can relax in the ClubHouse while children make friends and enjoy arts, crafts and nature. 為小朋友的暑假增添樂趣！一系列的週末活動，動靜皆宜，如油畫班、手工藝班、參觀馬房、蝴蝶觀察等。小朋友與新朋友樂在其中的同時，父母們亦可於會所享受週末時光。							
BRHSFJ4	29/07 Sat 星期六	10:00am - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$990 Guest 來賓: HK\$1,190	1 - 6	8 - 12	Cantonese 廣東話
Happy Summer Fun (Class E) 開心夏日日營(E班)							
Enjoy creative indoor and outdoor activities such as arts and crafts, oil painting, butterfly spotting and more! Parents can relax in the ClubHouse while children make friends and enjoy arts, crafts and nature. 為小朋友的暑假增添樂趣！一系列的週末活動，動靜皆宜，如油畫班、手工藝班、參觀馬房、蝴蝶觀察等。小朋友與新朋友樂在其中的同時，父母們亦可於會所享受週末時光。							
BRHSFA1	05/08 Sat 星期六	10:00am - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$990 Guest 來賓: HK\$1,190	1 - 6	6 - 8	Cantonese 廣東話



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Happy Summer Fun (Class F) 開心夏日日營(F班) Enjoy creative indoor and outdoor activities such as arts and crafts, oil painting, butterfly spotting and more! Parents can relax in the ClubHouse while children make friends and enjoy arts, crafts and nature. 為小朋友的暑假增添樂趣！一系列的週末活動，動靜皆宜，如油畫班、手工藝班、參觀馬房、蝴蝶觀察等。小朋友與新朋友樂在其中的同時，父母們亦可於會所享受週末時光。							
BRHSFA2	12/08 Sat 星期六	10:00am - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$990 Guest 來賓: HK\$1,190	1 - 6	6 - 8	Cantonese 廣東話
Happy Summer Fun (Class G) 開心夏日日營(G班) Enjoy creative indoor and outdoor activities such as arts and crafts, oil painting, butterfly spotting and more! Parents can relax in the ClubHouse while children make friends and enjoy arts, crafts and nature. 為小朋友的暑假增添樂趣！一系列的週末活動，動靜皆宜，如油畫班、手工藝班、參觀馬房、蝴蝶觀察等。小朋友與新朋友樂在其中的同時，父母們亦可於會所享受週末時光。							
BRHSFA3	19/08 Sat 星期六	10:00am - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$990 Guest 來賓: HK\$1,190	1 - 6	6 - 8	Cantonese 廣東話
Happy Summer Fun (Class H) 開心夏日日營(H班) Enjoy creative indoor and outdoor activities such as arts and crafts, oil painting, butterfly spotting and more! Parents can relax in the ClubHouse while children make friends and enjoy arts, crafts and nature. 為小朋友的暑假增添樂趣！一系列的週末活動，動靜皆宜，如油畫班、手工藝班、參觀馬房、蝴蝶觀察等。小朋友與新朋友樂在其中的同時，父母們亦可於會所享受週末時光。							
BRHSFA4	26/08 Sat 星期六	10:00am - 5:00pm	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$990 Guest 來賓: HK\$1,190	1 - 6	6 - 8	Cantonese 廣東話
Splash Fun Day (Class A) 繽紛潑水樂(A班) Beat the summer heat with a thrilling water fight! Join us on the Lawn where water guns, water bombs and themed game booths await. And don't miss the bubble pool for even more aquatic fun! 擊退炎炎夏日！在草坪上盡情享受水槍、水彈、泡泡池和不同的主題遊戲攤位帶來的樂趣。							
BRSFD1	09/07 Sun 星期日	12:00nn - 2:30pm	The Lawn 草地	Member 會員: HK\$120 Guest 來賓: HK\$190	100 - 200	3+	Cantonese 廣東話



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Splash Fun Day (Class B) 繽紛潑水樂(B班)							
Beat the summer heat with a thrilling water fight! Join us on the Lawn where water guns, water bombs and themed game booths await. And don't miss the bubble pool for even more aquatic fun! 擊退炎炎夏日！在草坪上盡情享受水槍、水彈、泡泡池和不同的主題遊戲攤位帶來的樂趣。							
BRSFD2	09/07 Sun 星期日	3:00pm - 6:00pm	The Lawn 草地	Member 會員: HK\$150 Guest 來賓: HK\$220	100 - 200	3+	Cantonese 廣東話
Splash Fun Day (Class C) 繽紛潑水樂(C班)							
Beat the summer heat with a thrilling water fight! Join us on the Lawn where water guns, water bombs and themed game booths await. And don't miss the bubble pool for even more aquatic fun! 擊退炎炎夏日！在草坪上盡情享受水槍、水彈、泡泡池和不同的主題遊戲攤位帶來的樂趣。							
BRSFD3	13/08 Sun 星期日	12:00nn - 2:30pm	The Lawn 草地	Member 會員: HK\$120 Guest 來賓: HK\$190	100 - 200	3+	Cantonese 廣東話
Splash Fun Day (Class D) 繽紛潑水樂(D班)							
Beat the summer heat with a thrilling water fight! Join us on the Lawn where water guns, water bombs and themed game booths await. And don't miss the bubble pool for even more aquatic fun! 擊退炎炎夏日！在草坪上盡情享受水槍、水彈、泡泡池和不同的主題遊戲攤位帶來的樂趣。							
BRSFD4	13/08 Sun 星期日	3:00pm - 6:00pm	The Lawn 草地	Member 會員: HK\$150 Guest 來賓: HK\$220	100 - 200	3+	Cantonese 廣東話
Be a Friend of Nature (Class A) 原野體驗營(A班)							
Join our nature camp for kids who love the outdoors! Learn about planting and flower arrangement, backwoods cooking, explore nature at night, and spot fireflies. Fee covers transport, lodging, meals, refreshments, and certificate. 召集喜歡大自然的小朋友！除學習種植植物和插花知識及原野烹飪的基本知識外，小朋友將於晚上隨教練一同探索大自然和觀賞螢火蟲。費用已包括交通接送、住宿、膳食、小食及證書。							
BRNBF1	07/07 - 08/07 Fri-Sat 星期五至六	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 2) (第2日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$4,020 Guest 來賓: HK\$4,830	8 - 12	6 - 12	Cantonese 廣東話



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
Be a Friend of Nature (Class B) 原野體驗營(B班)							
Join our nature camp for kids who love the outdoors! Learn about planting and flower arrangement, backwoods cooking, explore nature at night, and spot fireflies. Fee covers transport, lodging, meals, refreshments, and certificate. 召集喜歡大自然的小朋友！除學習種植植物和插花知識及原野烹飪的基本知識外，小朋友將於晚上隨教練一同探索大自然和觀賞螢火蟲。費用已包括交通接送、住宿、膳食、小食及證書。							
BRNBF2	27/07 – 28/07 Thu-Fri 星期四至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 2) (第2日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$4,020 Guest 來賓: HK\$4,830	8 - 12	6 - 12	Cantonese 廣東話
Be a Friend of Nature (Class C) 原野體驗營(C班)							
Join our nature camp for kids who love the outdoors! Learn about planting and flower arrangement, backwoods cooking, explore nature at night, and spot fireflies. Fee covers transport, lodging, meals, refreshments, and certificate. 召集喜歡大自然的小朋友！除學習種植植物和插花知識及原野烹飪的基本知識外，小朋友將於晚上隨教練一同探索大自然和觀賞螢火蟲。費用已包括交通接送、住宿、膳食、小食及證書。							
BRNBF3	03/08 – 04/08 Thu-Fri 星期四至五	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 2) (第2日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$4,020 Guest 來賓: HK\$4,830	8 - 12	6 - 12	Cantonese 廣東話
Be a Friend of Nature (Class D) 原野體驗營(D班)							
Join our nature camp for kids who love the outdoors! Learn about planting and flower arrangement, backwoods cooking, explore nature at night, and spot fireflies. Fee covers transport, lodging, meals, refreshments, and certificate. 召集喜歡大自然的小朋友！除學習種植植物和插花知識及原野烹飪的基本知識外，小朋友將於晚上隨教練一同探索大自然和觀賞螢火蟲。費用已包括交通接送、住宿、膳食、小食及證書。							
BRNBF4	07/08 – 08/08 Mon-Tue 星期一至二	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 2) (第2日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$4,020 Guest 來賓: HK\$4,830	8 - 12	6 - 12	Cantonese 廣東話
4-Day Team Building Camp (Class A) 四天團隊合作訓練營(A班)							
Join this camp for a Gel Blaster experience, learn to make a catapult and fishing knots. Make new friends and develop teamwork skills along the way. Fee includes transport, lodging, meals, refreshments and certificate. 跟隨專業導師進行不同活動，如製作凝珠水槍和羅馬投射器、綁魚鉤等，讓小朋友學習與新朋友一起完成不同任務，建立團隊合作精神及學會自律。費用已包括交通接送、住宿、膳食、小食及證書。							
BRTBC1	03/07 – 06/07 Mon-Thu 星期一至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$6,980 Guest 來賓: HK\$8,380	8 - 12	6 - 12	Cantonese and English 廣東話及英語



Beas River Country Club 雙魚河鄉村會所

Ponies Edutainment & Kid Camps 小馬寓樂及兒童夏令營

Code 編號	Date 日期	Time 時間	Venue 地點	Fee 費用	Class Size 每班人數	Age 年齡	Language 語言
4-Day Team Building Camp (Class B) 四天團隊合作訓練營(B班)							
<p>Join this camp for a Gel Blaster experience, learn to make a catapult and fishing knots. Make new friends and develop teamwork skills along the way. Fee includes transport, lodging, meals, refreshments and certificate. 跟隨專業導師進行不同活動，如製作凝珠水槍和羅馬投射器、綁魚鉤等，讓小朋友學習與新朋友一起完成不同任務，建立團隊合作精神及學會自律。費用已包括交通接送、住宿、膳食、小食及證書。</p>							
BRTBC2	28/08 – 31/08 Mon-Thu 星期一至四	Check-In 入營: 12:00nn (Day 1) (第1日) Check-Out 出營: 2:00pm (Day 4) (第4日)	Beas River Country Club 雙魚河鄉村會所	Member 會員: HK\$6,980 Guest 來賓: HK\$8,380	8 - 12	6 - 12	Cantonese and English 廣東話及英語
Have-Your-Own Fun Camp 自創滿FUN營							
<p>Create your dream camp at Beas River Country Club! Customize your adventure with activities like water sports, tennis training, animal interaction, and more over 1 to 5 days. Plan your perfect getaway today! 打造你的專屬體驗營！家長及小朋友自行編排為期一至五天的雙魚河鄉村會所旅程，可選多項活動如水上運動、網球訓練、親親小動物、夜行活動等。自選體驗營只需八名小朋友即可成行。</p>							
BRHYOF	N/A 不適用	N/A 不適用	Beas River Country Club 雙魚河鄉村會所	N/A 不適用	8 - 12	6 - 12	Cantonese 廣東話

HAPPY VALLEY CLUBHOUSE

Summer 2023 - Day Camp Timetable 3 July - 26 August

	Week 1 3/7 - 7/7		Week 2 10/7 - 14/7		Week 3 17/7 - 21/7		Week 4 24/7 - 28/7	
Course / Fee	Time	Code	Time	Code	Time	Code	Time	Code
HK\$1,762 AIMP (Chung)	1100-1230	D23AP1	1100-1230	D23AP2	1100-1230	D23AP3	1100-1230	D23AP4
HK\$1,762 IMP (Chung)	0930-1100	D23IM1	0930-1100	D23IM2	0930-1100	D23IM3	0930-1100	D23IM4
HK\$1,175 B3 (Hing)	0930-1030	D23B11	0930-1030	D23B12	0930-1030	D23B13	0930-1030	D23B14
	1030-1130	D23B21	1030-1130	D23B22	1030-1130	D23B23	1030-1130	D23B24

	Week 5 31/7 - 4/8		Week 6 7/8 - 11/8		Week 7 14/8 - 18/8		Week 8 21/8 - 25/8	
Course / Fee	Time	Code	Time	Code	Time	Code	Time	Code
HK\$1,762 AIMP (Chung)	1100-1230	D23AP5	1100-1230	D23AP6	1100-1230	D23AP7	1100-1230	D23AP8
HK\$1,762 IMP (Chung)	0930-1100	D23IM5	0930-1100	D23IM6	0930-1100	D23IM7	0930-1100	D23IM8
HK\$1,175 B3 (Hing)	0930-1030	D23B15	0930-1030	D23B16	0930-1030	D23B17	0930-1030	D23B18
	1030-1130	D23B25	1030-1130	D23B26	1030-1130	D23B27	1030-1130	D23B28

Group Lessons Category:

Beginner III (B3)

Improvers Class (IMP)

Advanced Improvers Class (AIMP)

Student must be able to swim 50M freestyle and either breaststroke or backstroke for at least 25M.

Students must be able to swim freestyle and either backstroke or breaststroke for at least 100M.

Students must be able to swim freestyle, breaststroke, backstroke for at least 100M and butterfly for at least 50M.

HAPPY VALLEY CLUBHOUSE

Summer 2023 - Group lesson Timetable 3 July - 26 August

Group Classes Timetable	8 sessions			8 sessions			8 sessions			8 sessions			8 sessions		
	Mondays & Wednesdays Jul 3, 5, 10, 12, 17, 19, 24, 26			Tuesdays & Thursdays Jul 4, 6, 11, 13, 18, 20, 25, 27			Saturdays Jul 8, 15, 22, 29, Aug 5, 12, 19, 26			Mondays & Wednesdays July 31 Aug 2, 7, 9, 14, 16, 21, 23,			Tuesdays & Thursdays Aug 1, 3, 8, 10, 15, 17, 22, 24		
B1	HK\$1,560			HK\$1,560			HK\$1,560			HK\$1,560			HK\$1,560		
	1400-1430 1700-1730 1830-1900	Bill Bill Bill	H701B H702B H703B	1800-1830 1900-1930	Bill Bill	H711B H712B	1030-1100 1130-1200 1630-1700 1830-1900	Franki Bill Franki Bill	H7801F H7802B H7803F H7804B	1400-1430 1700-1730 1830-1900	Bill Bill Bill	H801B H802B H803B	1800-1830 1900-1930	Bill Bill	H811B H812B
B2	HK\$1,560			HK\$1,560			HK\$1,560			HK\$1,560			HK\$1,560		
	1730-1800 1800-1830	Franki Bill	H704F H705B	1730-1800 1800-1830 1830-1900	Franki Willis Bill	H713F H714L H715B	1130-1200 1200-1230 1730-1800 1800-1830	Franki Franki Bill Bill	H7805F H7806F H7807B H7808B	1730-1800 1800-1830	Franki Bill	H804F H805B	1730-1800 1800-1830 1830-1900	Franki Willis Bill	H813F H814L H815B
B3	HK\$1,560			HK\$1,560			HK\$1,560			HK\$1,560			HK\$1,560		
	1630-1700 1700-1730 1830-1900 1900-1930	Franki Franki Chung Chung	H706F H707F H708C H709C	1200-1230 1230-1300 1630-1700 1700-1730	Franki Franki Bill Bill	H716F H717F H718B H719B	1200-1230 1230-1300 1430-1500 1500-1530 1630-1700 1700-1730	Chung Chung Franki Franki Bill Bill	H7809C H7810C H7811F H7812F H7813B H7814B	1630-1700 1700-1730 1830-1900 1900-1930	Franki Franki Chung Chung	H806F H807F H808C H809C	1200-1230 1230-1300 1630-1700 1700-1730	Franki Franki Bill Bill	H816F H817F H818B H819B
IMP	HK\$1,880			HK\$1,880			HK\$1,880			HK\$1,880			HK\$1,880		
	1630-1730	Chung	H710C	1430-1530	Chung	H720C	1000-1100 1100-1200 1230-1330 1430-1530	Bill Chung Bill Bill	H7815B H7816C H7817B H7818B	1630-1730	Chung	H810C	1430-1530	Chung	H820C
AIMP	HK\$1,880			HK\$1,880			HK\$1,880			HK\$1,880			HK\$1,880		
				1530-1630	Bill	H721B	1500-1600	Hing	H7819H				1530-1630	Bill	H821B

Group Lessons Category:

- Beginner I (B1)
- Beginner II (B2)
- Beginner III (B3)
- Improvers Class (IMP)
- Advanced Improvers Class (AIMP)

- Students cannot put face in the water without swimming aids.
- Student must be able to swim 15M freestyle with kickboard.
- Student must be able to swim 50M freestyle and either breaststroke or backstroke for at least 25M.
- Students must be able to swim freestyle and either backstroke or breaststroke for at least 100M.
- Students must be able to swim freestyle, breaststroke, backstroke for at least 100M and butterfly for at least 50M.



Valley Pool – Summer Swimming Lesson Timetable (Private)

FIRST-COME-FIRST-SERVED

Course Code	Period
HVSWP	3 July 2023 to 26 August 2023

****Single month application accepted***

Coach Availability: BLACK = Jul & Aug RED = Aug ONLY

- Remarks i) B = Bill, C = Chung, E = Erik, F = Franki, H = Hing, J = Jenny, L = Willis, I = Ivan, T = Tiffany, W = Wing, P = Philia, Y = Yin
- ii) For Private lessons, each coaching lane will accommodate no more than a maximum of 8 persons including both the Instructors and students.

A. Private or Semi-Private

To ensure high availability of private lessons for all Members, swimmers may enrol for a maximum of 4 private lessons of 30 minutes per week. Additional lessons may be enrolled if vacant slots are available after enrolment closes.

Time	Mon	Tue	Wed	Thur	Fri	Sat
9:00 AM – 9:30 AM	C, F	B	C	C	F	B, C
9:30 AM – 10:00 AM	F, I	B, L, W	J, I	L, W	B, F	C
10:00 AM – 10:30 AM	I	L, W	J, I	L, W	B, L	F, L
10:30 AM – 11:00 AM	L	F, Y	B	F, Y	L, Y	H, L
11:00 AM – 11:30 AM	L, W	J, Y	B	J, Y	I	B, F, I
11:30 AM – 12:00 NN	B, W	J, I	F, H, L	J, I	H	I
12:00 NN – 12:30 PM	B, H, W	Y	H, L	B, Y	H	
12:30 PM – 1:00 PM	J			B, Y	C	
1:00 PM – 1:30 PM		<u>E</u>		L	C	P
1:30 PM – 2:00 PM	L	C, J, <u>E</u>	B	J, L		P
2:00 PM – 2:30 PM	F, J, I	J, I, <u>E</u>	J, I, <u>E</u>	J, I, <u>E</u>	F, J, I, <u>E</u>	H
2:30 PM – 3:00 PM	F, J	B, I, <u>E</u>	C, L, <u>E</u>	B, I, <u>E</u>	F, J, I, <u>E</u>	H
3:00 PM – 3:30 PM	F	B, H	L, T, <u>E</u>	B, H	B, L, <u>E</u>	J, I
3:30 PM – 4:00 PM	C, W	C, H	F, T, <u>E</u>	C, H	B, L	C, J
4:00 PM – 4:30 PM	B, C, L	C, T	C, F	C, T	I, Y	C, L
4:30 PM – 5:00 PM	B, L	F, T	B, H	F, I	H, I, Y	L, P
5:00 PM – 5:30 PM	H, J	F, L, Y	H	F, L	C, F, H	F, P
5:30 PM – 6:00 PM	H, J, <u>E</u>	L, Y, I	I	L	C, F, J	F, I
6:00 PM – 6:30 PM	H, I, <u>E</u>	I	J, I	I, <u>E</u>	B, J	H, L, I
6:30 PM – 7:00 PM	I, <u>E</u>	H	F, J	F, H, <u>E</u>	B	
7:00 PM – 7:30 PM		F, H	F, L	F	L	
7:30 PM – 8:00 PM						
8:00 PM – 8:30 PM						
8:30 PM – 9:00 PM						

SHA TIN CLUBHOUSE

Summer 2023 - Group lesson Timetable 3 July - 27 August

Group Classes Timetable	9 sessions	9 sessions	8 sessions	8 sessions	7 sessions	7 sessions	8 sessions
	Mondays & Wednesdays Jul 3, 5, 10, 12, 17, 19, 24, 26, 31	Mondays & Fridays Jul 3, 7, 10, 14, 17, 21, 24, 28, 31	Tuesdays & Thursdays Jul 4, 6, 11, 13, 18, 20, 25, 27	Sundays Jul 9, 16, 23, 30 Aug 6, 13, 20, 27	Mondays & Wednesdays Aug 2, 7, 9, 14, 16, 21, 23	Mondays & Fridays Aug 4, 7, 11, 14, 18, 21, 25	Tuesdays & Thursdays Aug 1, 3, 8, 10, 15, 17, 22, 24
B1	HK\$1,530 1200-1230 Stephen S701		HK\$1,360 1200-1230 Martin S714		HK\$1,190 1200-1230 Stephen S801		HK\$1,360 1200-1230 Martin S814
B2	HK\$1,530 1130-1200 Stephen S702		HK\$1,360 1130-1200 Martin S715		HK\$1,190 1130-1200 Stephen S802		HK\$1,360 1130-1200 Martin S815
B3			HK\$1,360 1045-1130 Martin S716				HK\$1,360 1045-1130 Martin S816
IMP		HK\$1,530 1400-1445 Bill S705 1445-1530 Bill S706	HK\$1,190 - 7sessions except 20 July 1430-1515 Bill S717 1515-1600 Bill S718			HK\$1,190 1400-1445 Bill S805 1445-1530 Bill S806	HK\$1,360 1430-1515 Bill S817 1515-1600 Bill S818
		HK\$1,800 1700-1800 Justin S707 1800-1900 Justin S708				HK\$1,400 1700-1800 Justin S807 1800-1900 Justin S808	
AIMP		HK\$1,530 1530-1615 Bill S709 1615-1700 Bill S710	HK\$1,190 - 7sessions except 20 July 1600-1645 Bill S719 1645-1730 Bill S720			HK\$1,190 1530-1615 Bill S809 1615-1700 Bill S810	HK\$1,360 1600-1645 Bill S819 1645-1730 Bill S820
	HK\$800 - 4 sessions Wednesdays Only 1700-1800 Justin S703 1800-1900 Justin S704	HK\$680 - 4 sessions Fridays Only 1700-1745 Bill S711 1745-1830 Bill S712 1830-1915 Bill S713	HK\$1,400 - 7sessions except 20 July 1900-2000 Leo S721	HK\$1,600 1100-1200 Bill S722	HK\$800 - 4 sessions Wednesdays Only 1700-1800 Justin S803 1800-1900 Justin S804	HK\$680 - 4 sessions Fridays Only 1700-1745 Bill S811 1745-1830 Bill S812 1830-1915 Bill S813	HK\$1,600 1900-2000 Leo S821

Group Lessons Category:

- Beginner I (B1)
- Beginner II (B2)
- Beginner III (B3)
- Improvers Class (IMP)
- Advanced Improvers Class (AIMP)

Students cannot put face in the water without swimming aids.
 Student must be able to swim 15M freestyle with kickboard.
 Student must be able to swim 50M freestyle and either breaststroke or backstroke for at least 25M.
 Students must be able to swim freestyle and either backstroke or breaststroke for at least 100M.
 Students must be able to swim freestyle, breaststroke, backstroke for at least 100M and butterfly for at least 50M.