



Club Exclusives

馬會精選

Product Description
產品介紹



Superior Bird's Nest 頂級燕盞

Origin : Indonesia
原產地 : 印尼

Bird's nest boasts an array of health benefits. It has a mild and calm nature which nourishes 'Yin' (as in Yin and Yang). It is perfect for all ages, genders and body types throughout all seasons.

燕窩具有以下的全能功效。它味甘性平、滋陰潤燥，是適合男女老幼作為一年四季養生的保健品。

Health Benefits of Bird's Nest 燕窩的功效

- **Boosting The Immune System**

It contains an abundant amount of water soluble protein which promotes cell regeneration, boosts your body's immune system, alleviates arthritis and speeds up wounds recovery.

增強免疫力

含十分豐富的水溶性蛋白質，有助促進細胞再生、增強身體的免疫能力，減輕發炎症狀和促進傷口癒合。



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- **Rejuvenating Skin and Anti-Aging**

It contains essential amino acids which support collagen and elastin formation, hence it reduces the formation of pigmentation spots and promotes smooth and elastic skin.

活膚抗衰老

含人體必需的氨基酸，有助形成膠原蛋白質和彈力素，能修復皮膚活細胞及有效淡化色斑，並使皮膚保持光澤及彈性。

- **Nourishing 'Yin' and the Lungs**

It helps soothe coughs, improve digestion and stimulate the appetite.

補肺養陰

治虛勞咳嗽、潤腸開胃。

- **Facilitating Growth**

It contains Sialic acid which increases nerve impulse conduction, promotes brain growth in babies, improves gut's nutrient absorption.

促進發育

含燕窩酸可增進大腦神經細胞的信息傳遞速度，促進嬰兒腦部發展，提高腸道吸收營養的能力。