

Homemade Beef Brisket with Texas BBQ Sauce 自製牛腩配德克薩斯燒烤醬

- Pre-heat the oven to 95°C. 將焗爐預先加熱至攝氏九十五度。
- Place the beef brisket on a roasting pan and roast for 15 minutes, and until the core temperature reaches 80°C before serving.
 將牛腩排置於焗盤中,然後放入焗爐內焗十五分鐘,直至中心溫度達攝氏八十度,即可享用。